



# tetrate



THE ENTERPRISE SERVICE MESH COMPANY

# WELCOME



Eitan Suez



Peter Jausovec





# Meet the workshop instructors

ISTIO 0 TO 60

- Eitan Suez
- Peter Jausovec



# About this workshop

ISTIO 0 TO 60

---

- Get up and running quickly with Istio
- Prerequisites
  - Basic understanding of Kubernetes, Docker, and Linux command line.



# Logistics

ISTIO 0 TO 60

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- Duration: 2.5 hours
  - 15 minute break half-way through the training
- Communication support through slack channel
  - <https://istio.slack.com/>
  - channel #istiocon-workshop-tetrate



# Learn by doing

APPROACH

---

- *Lab-driven* training
- Minimize the use of slides
- We request your active participation
  - Please ask questions



# Schedule

## Lab environments

Configure access to your lab environment

## What problems does Istio address?

A high-level introduction and overview of Istio

## Install Istio

Get your cluster installed and configured with Istio

## Sidecar injection and the app under test

Deploy a simple application to the mesh, and expose it with Ingress

## Observability, Security, Traffic shifting

Three labs that cover the essential cross-cutting concerns that Istio addresses

## Summary



# Workshop labs

<https://tetratelabs.github.io/istio-0to60/>





# Environments

IN A NUTSHELL

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- BYOK (Bring Your Own Kubernetes) – if possible
- Fallback:
  - We have a few Kubernetes clusters provisioned in GCP that we can give you access to, "while supplies last."
  - Let us know via slack if you need a K8S cluster and we'll assign you a cluster.
  - The first lab contains instructions for accessing your cluster on GCP.
- We will begin with a lab to get your environment setup



# LAB

## Setup your environment

<https://tetratelabs.github.io/istio-0to60/environment/>



# Meet Istio



# PROBLEM

---

IT shift to a modern distributed architecture  
has left enterprises unable to monitor,  
connect, manage, and secure their services in  
a consistent way.



# Problem

MODERN DISTRIBUTED ARCHITECTURE

---

- Container based services
- Deployed into dynamic environments
- Composed via the network



# Problem

MONITOR

- Understand what's actually happening in your deployment through basic tools:
  - Metrics
  - Logs
  - Tracing



# Problem

CONNECT

---

- Get network out of the application
  - **Service discovery**
  - **Resiliency**
    - Retries, outlier detection, circuit breaking, timeouts, etc.
  - **Load balancing**
    - Client side



# Problem

MANAGE

---

- Control which requests are allowed, and how and where they flow
  - **Fine-grained traffic control**
    - | L7, not L4! Route by headers, destination or source, etc.
  - **Policy on requests**
    - | Authentication, rate limiting, arbitrary policy based on L7 metadata





# Problem

SECURE

- Elevate security out of the network
  - **Service-to-service authentication**
  - **Workload identity (L7)**



# Service Mesh

WHAT IS SERVICE MESH

---

- Service mesh moves these facets out of the application for better division of labor and...
  - **Consistency across fleets**
  - **Centralized control**
  - **Ease of change**
    - | Update configurations without redeployment

# What is Istio?

Istio is a platform to **monitor, secure, connect** and **manage** services consistently



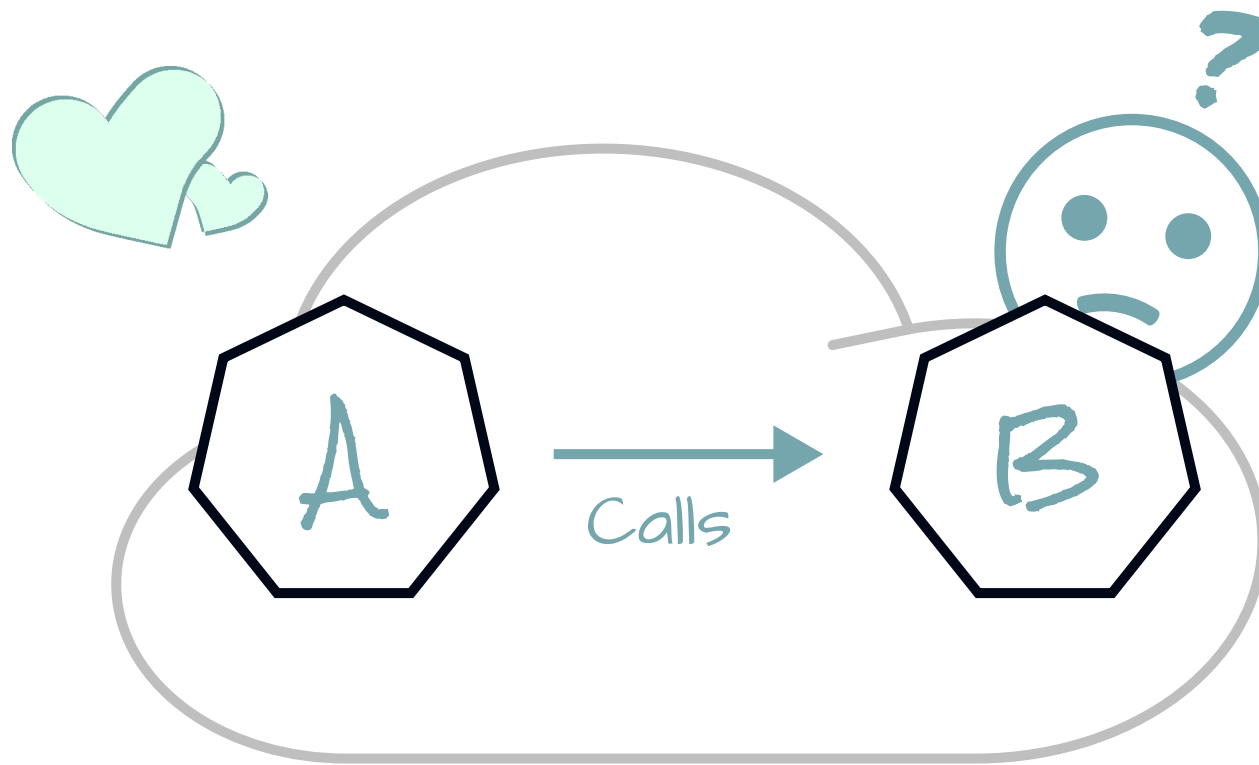
# LAB

## Installing Istio

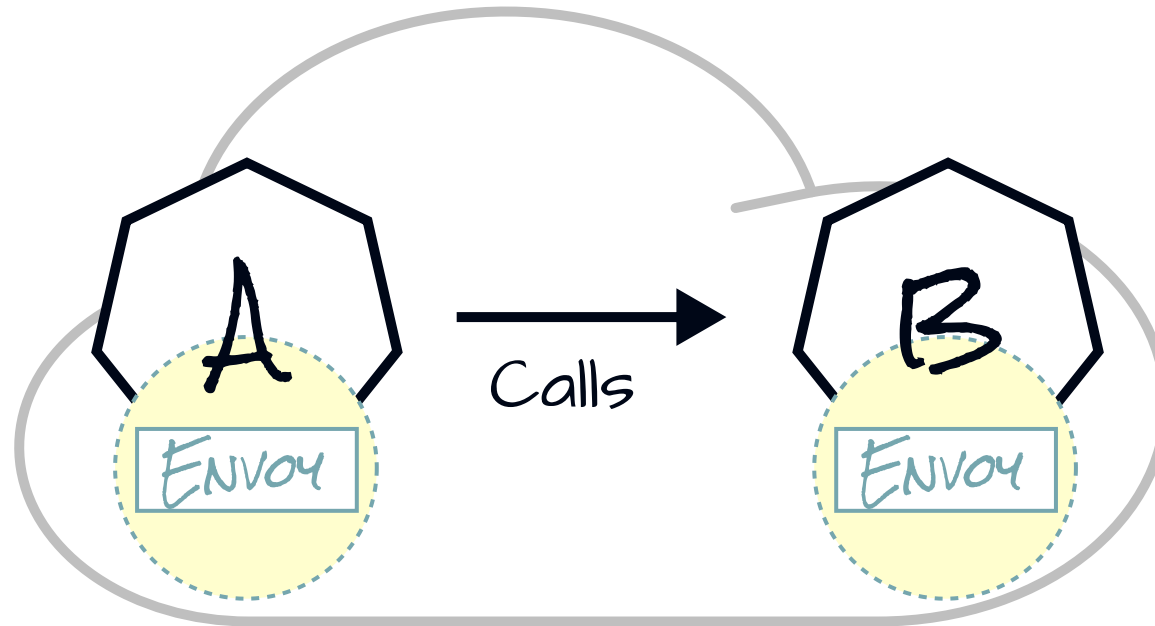
<https://tetralabs.github.io/istio-0to60/install/>



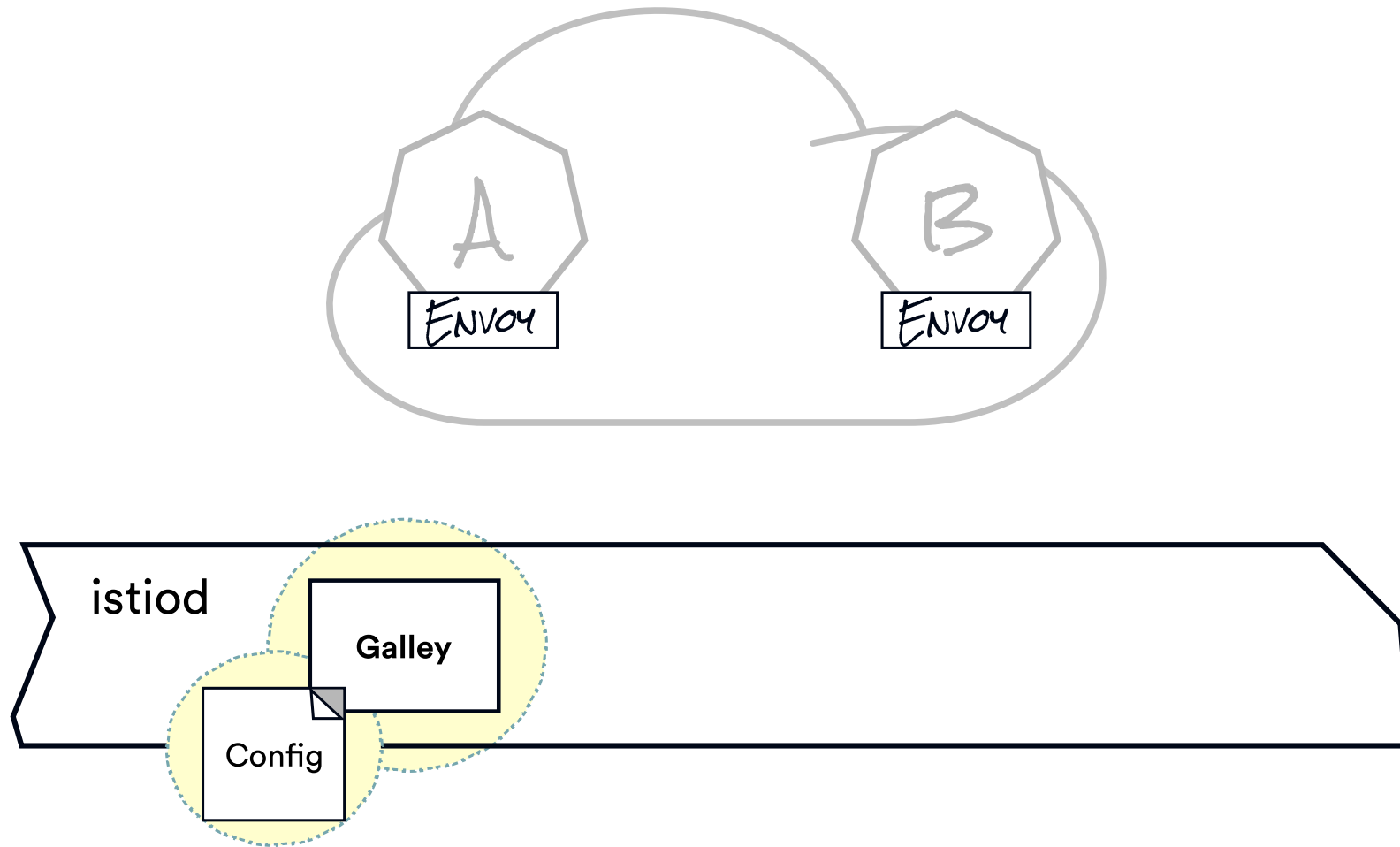
# Istio Architecture



Story as old as time:  
Service A meets service B...

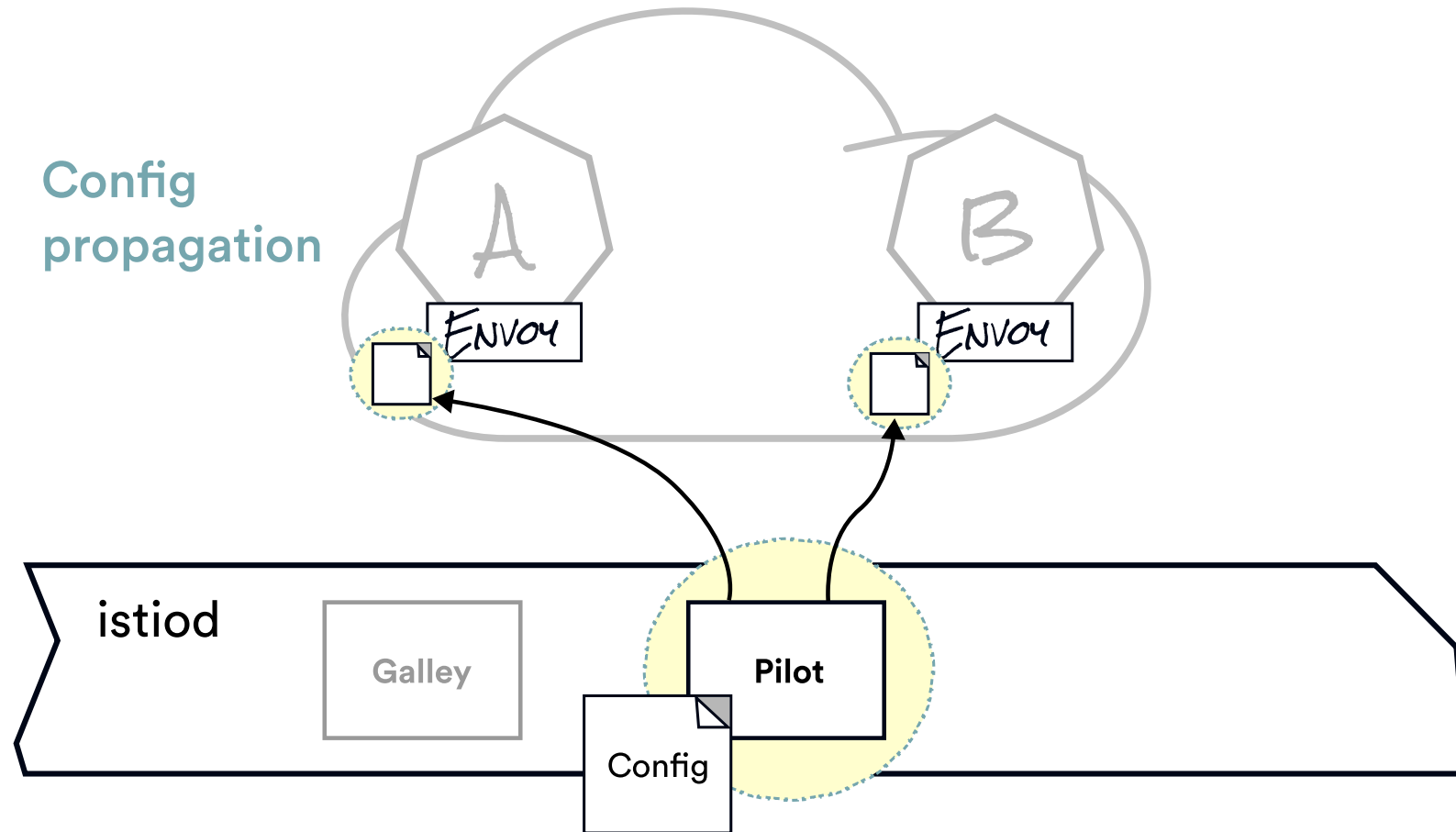


Deploy a proxy (Envoy) beside your application ("sidecar deployment")

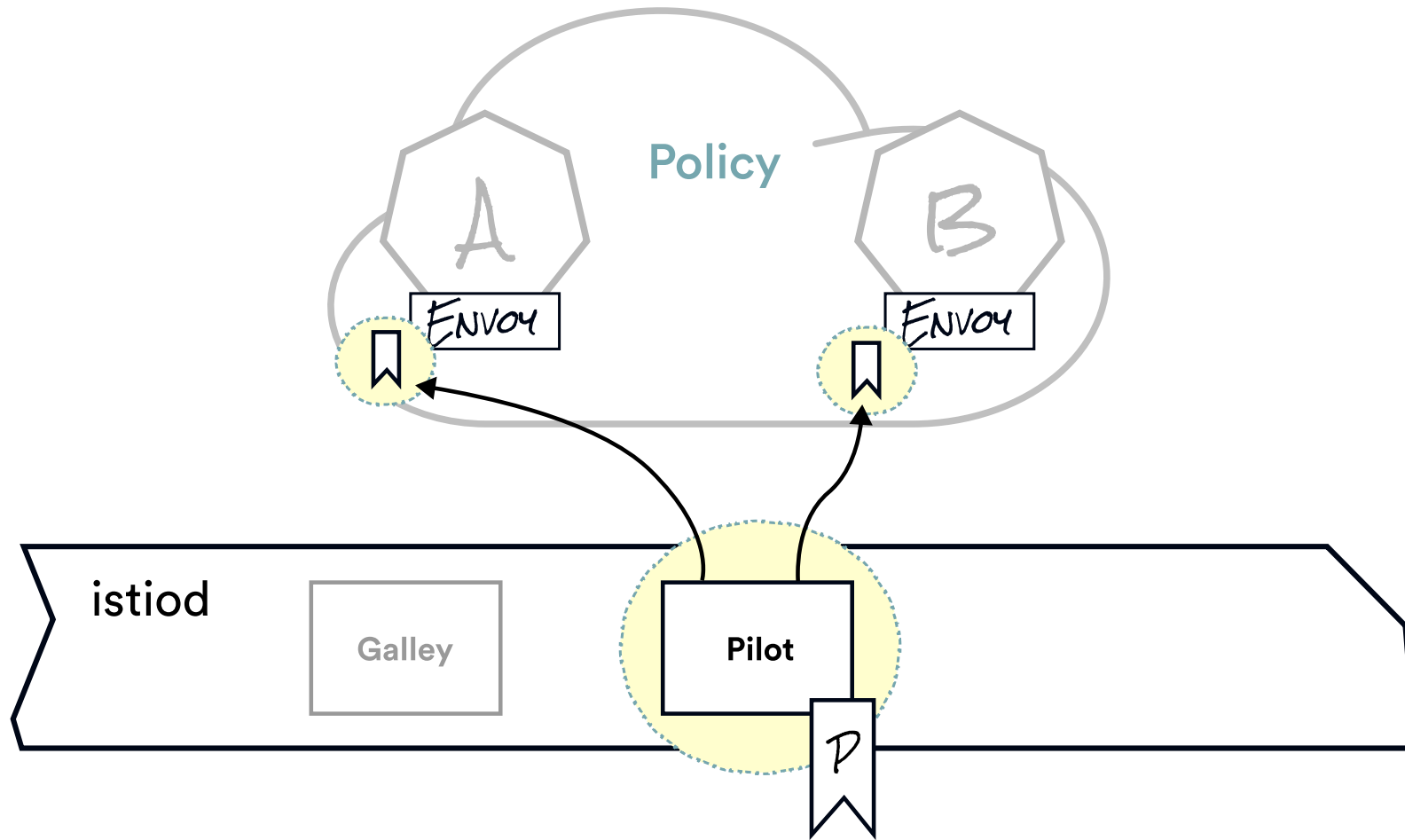


First logical component is Galley, which is responsible for validating incoming config.

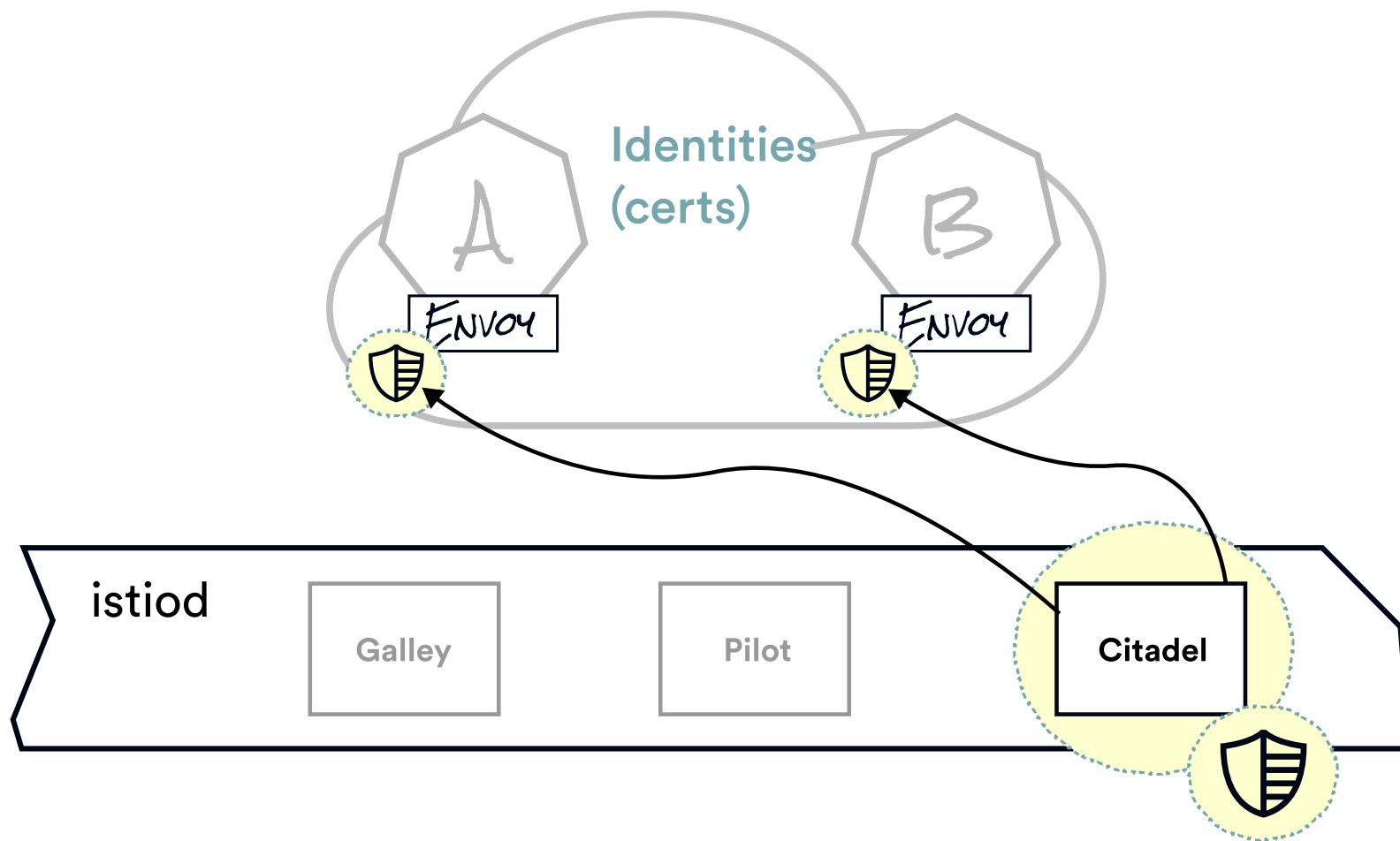




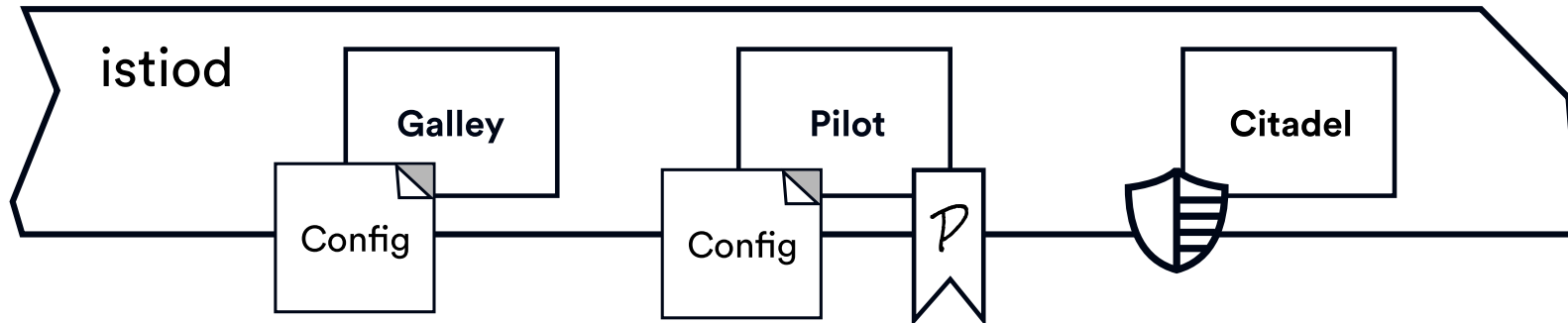
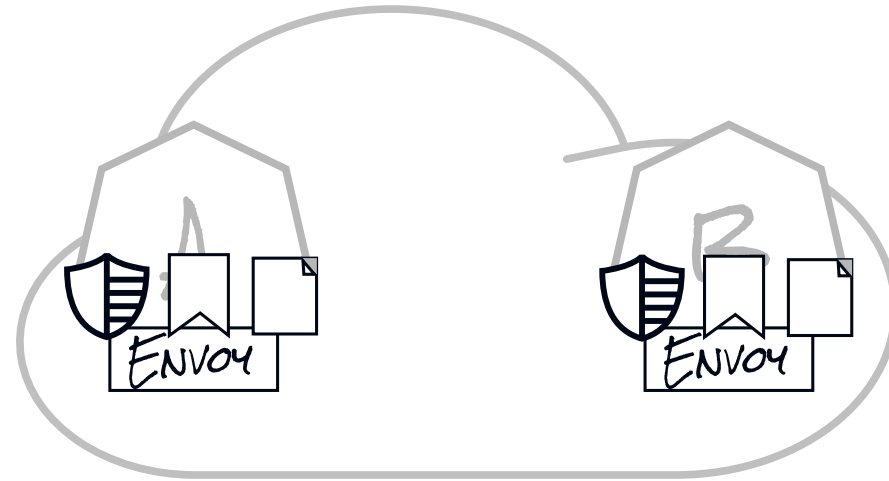
Pilot distributes the validated networking configuration to each Envoy



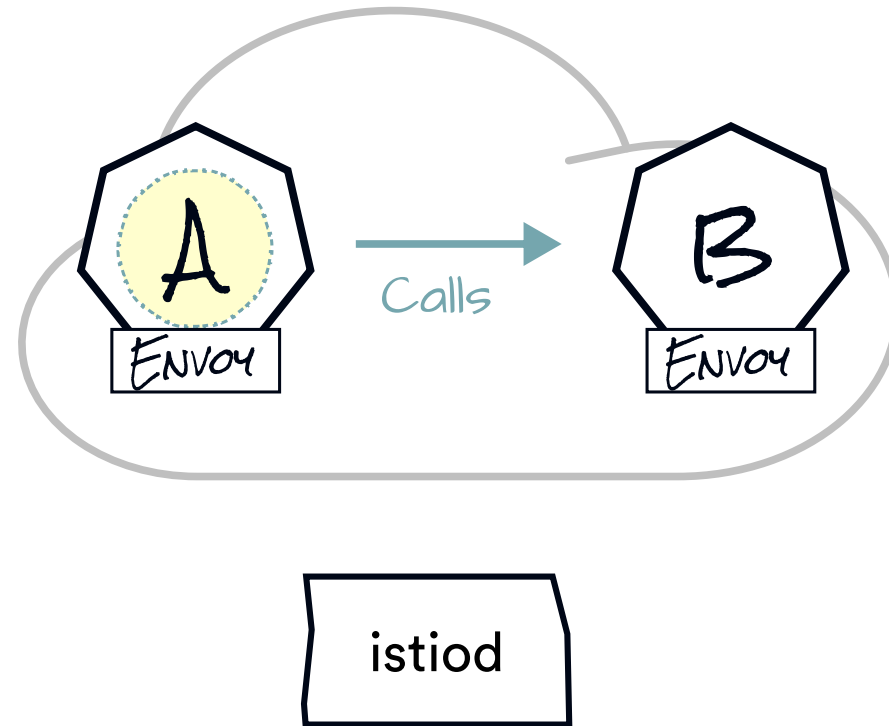
...and Pilot also distributes policy



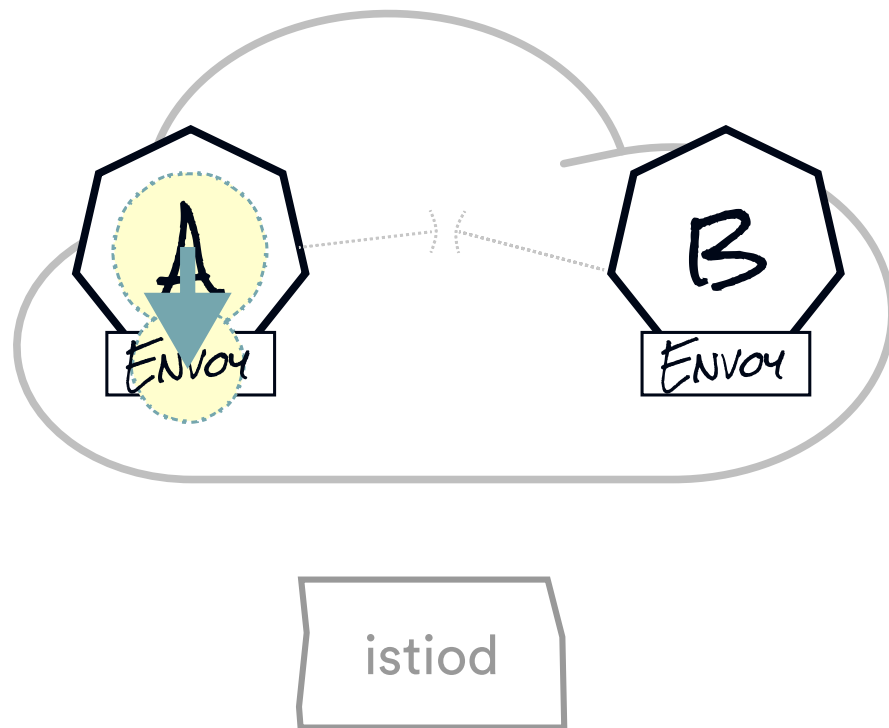
Citadel assigns SPIFFE identities to enable secure communication



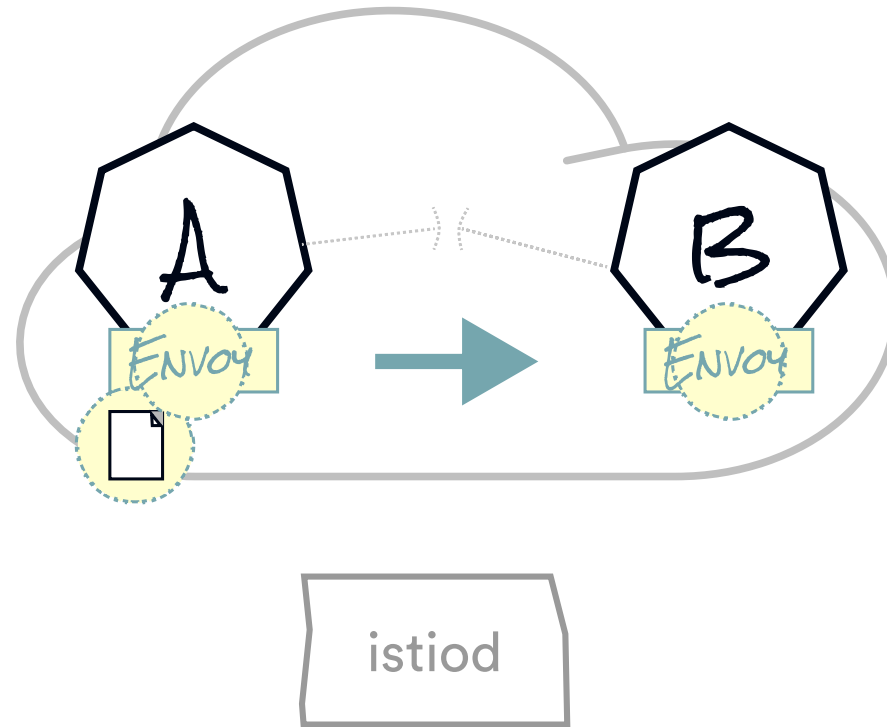
Control plane - Istiod



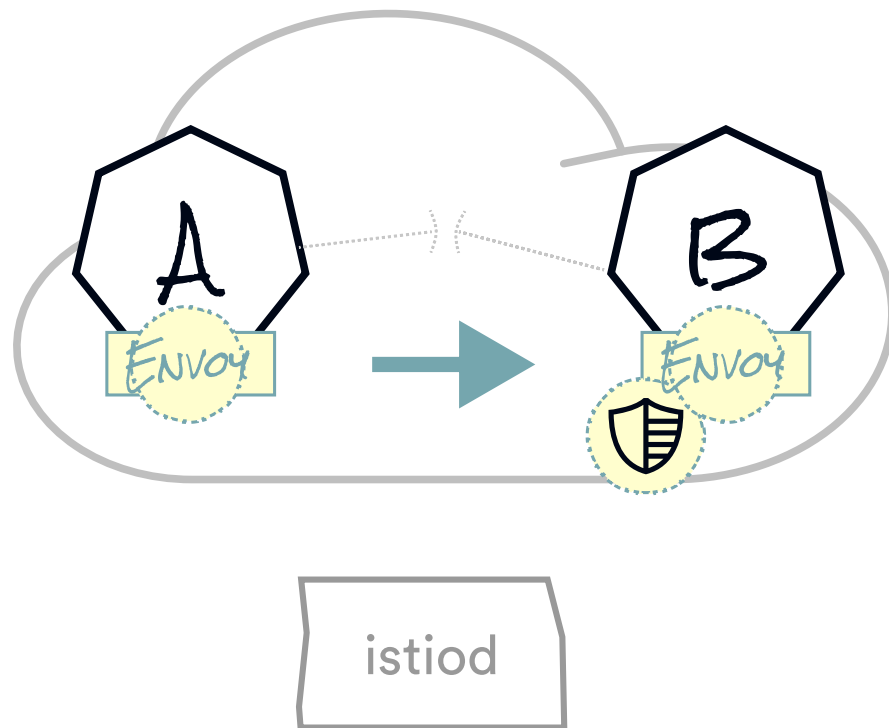
Now, let's track that call



Envoy intercepts it

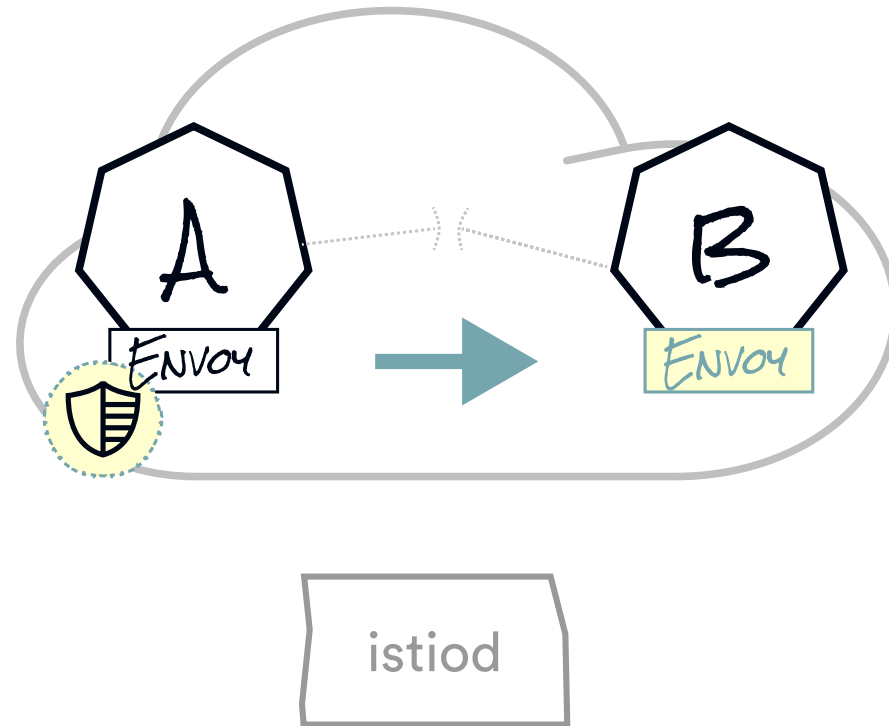


Uses the configuration to pick a new destination

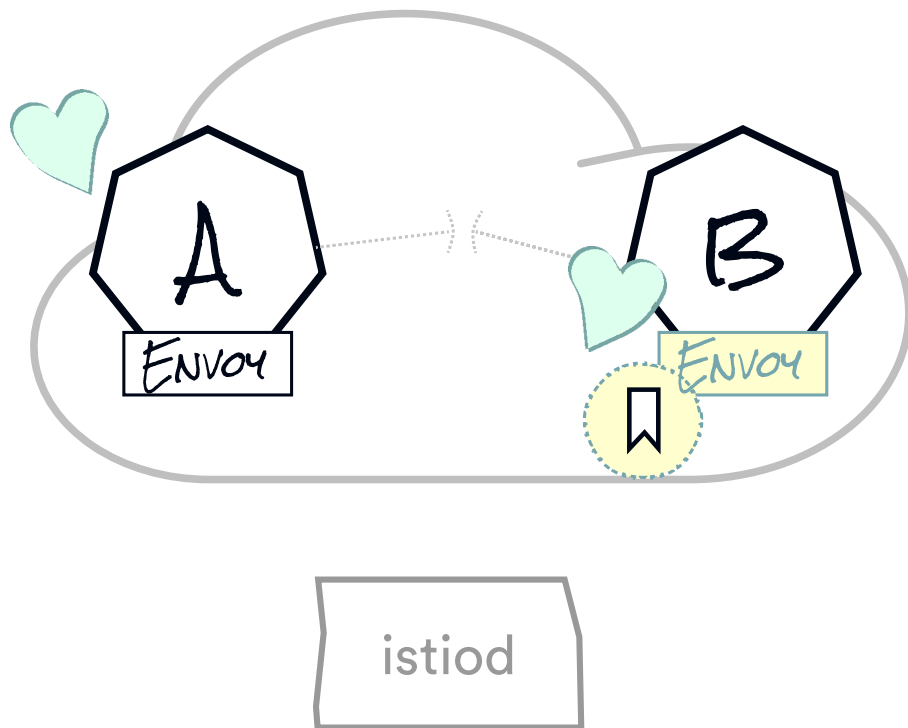


Verifies the destination's identity

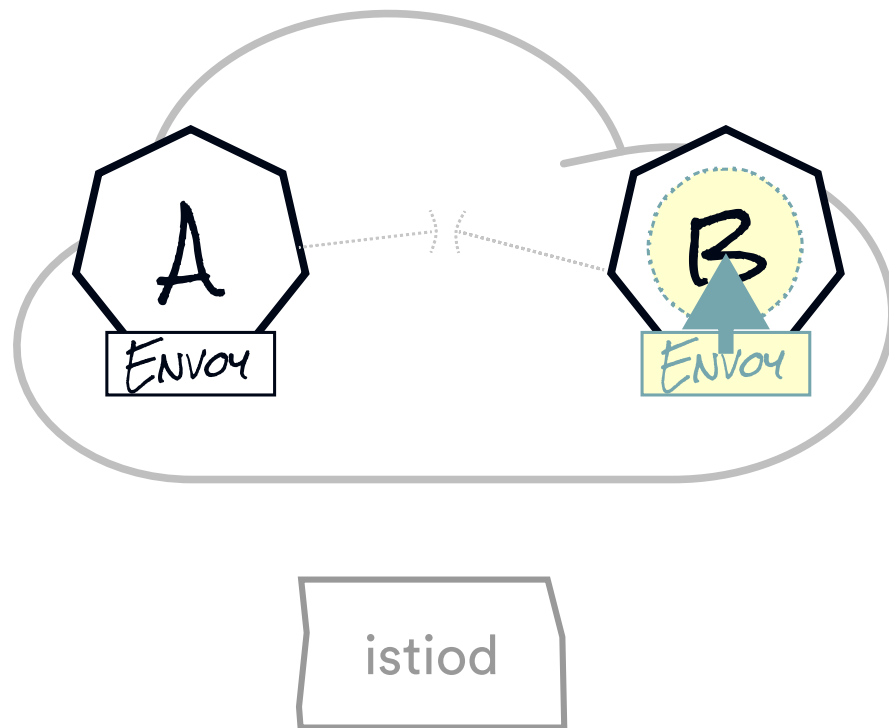




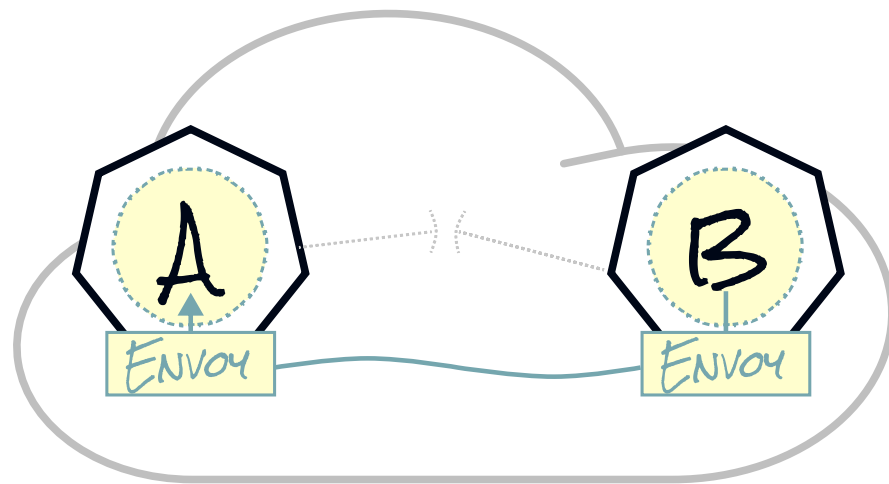
The receiving Envoy checks the sender's identity



The receiving Envoy checks policy

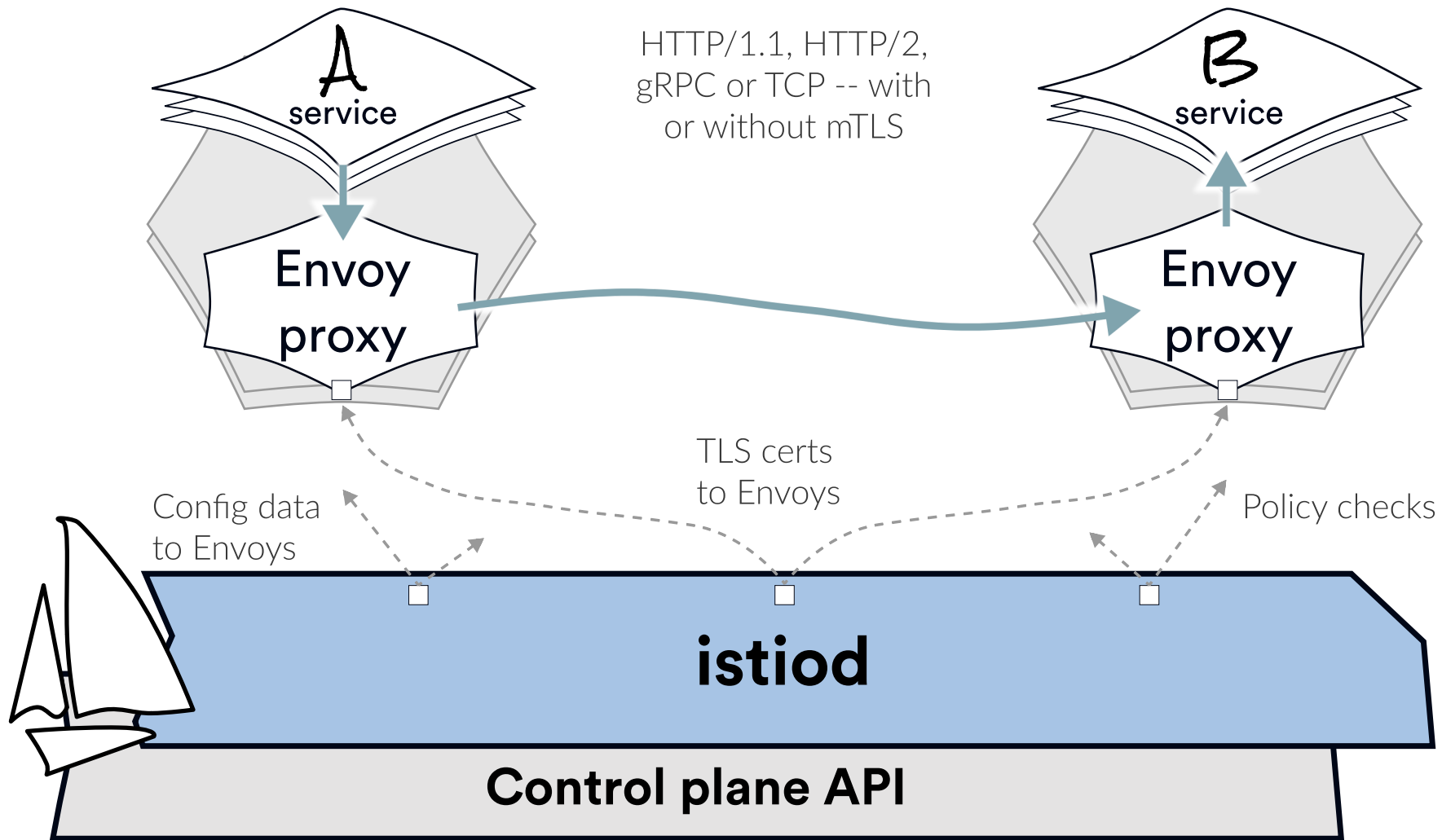


Envoy hands the request to B



istiod

B answers





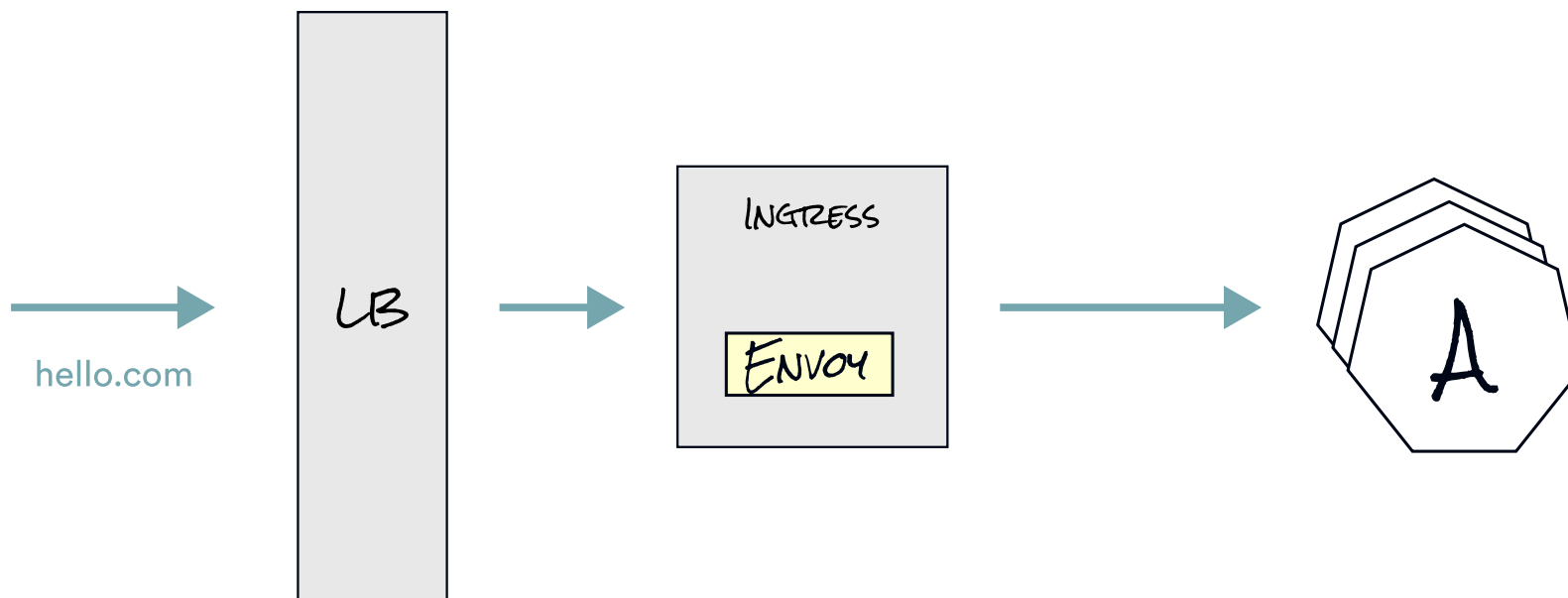
# LAB

## The application

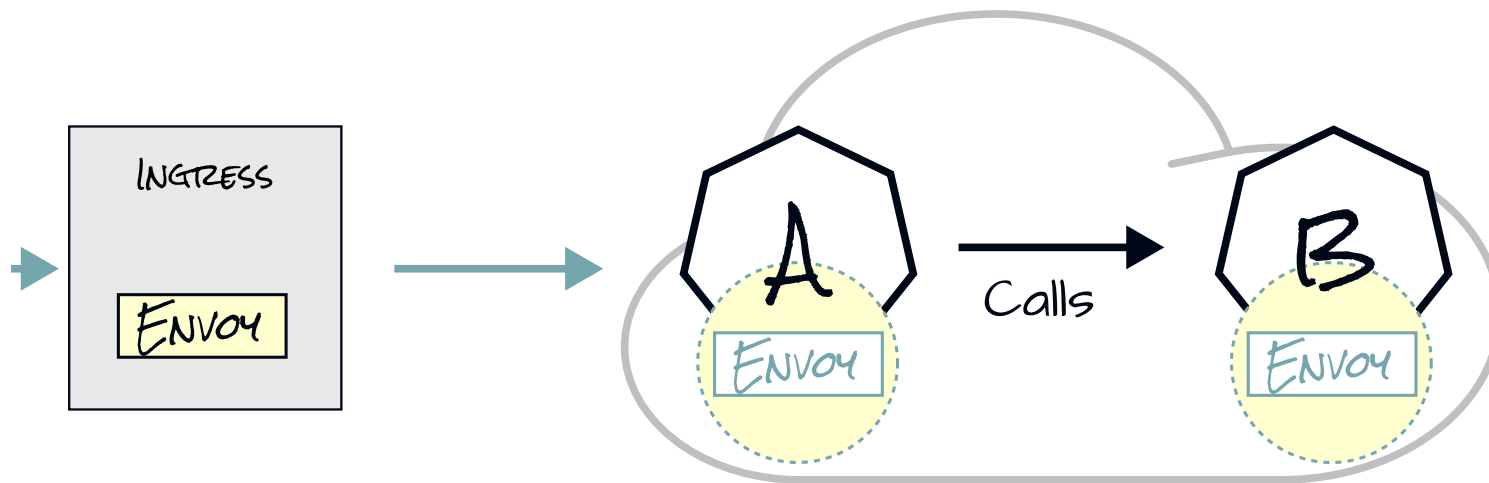
<https://tetralabs.github.io/istio-0to60/the-app/>



# Ingress







# What can we say about Ingress?

1. Ingress Pod runs in `istio-system` namespace
2. Configured logically in Kubernetes with the `Gateway` custom resource
3. Routing configured separately with `VirtualService` custom resource



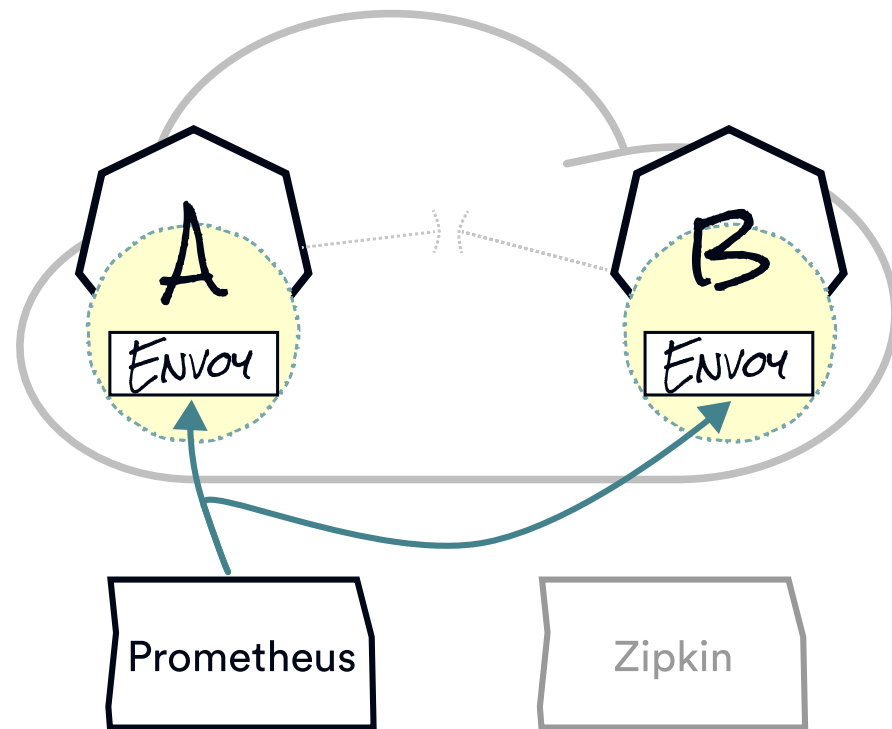
# LAB

## Ingress gateway

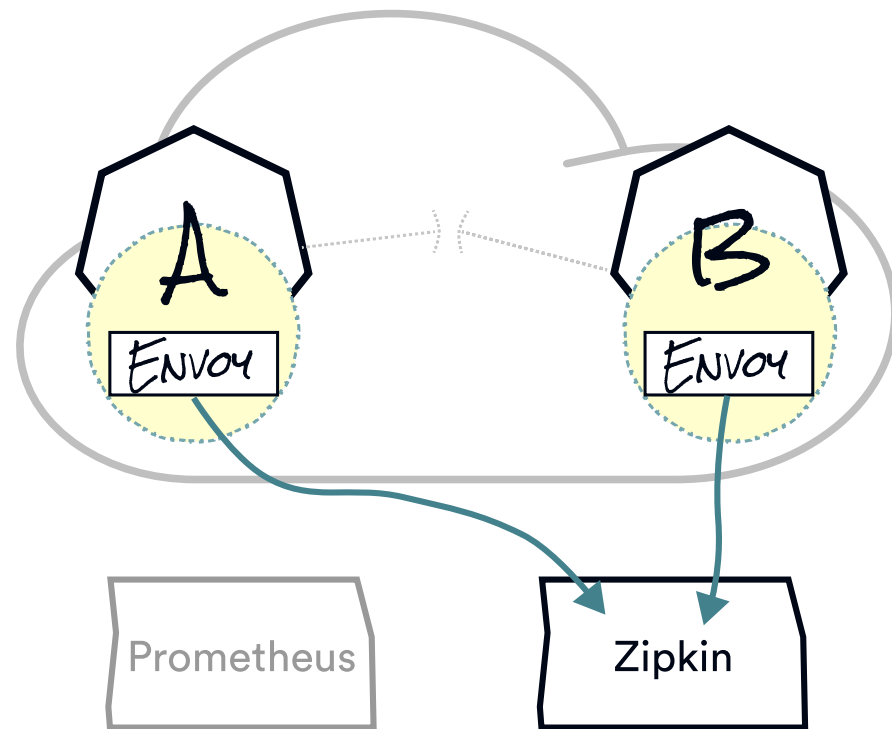
<https://tetralabs.github.io/istio-0to60/ingress/>



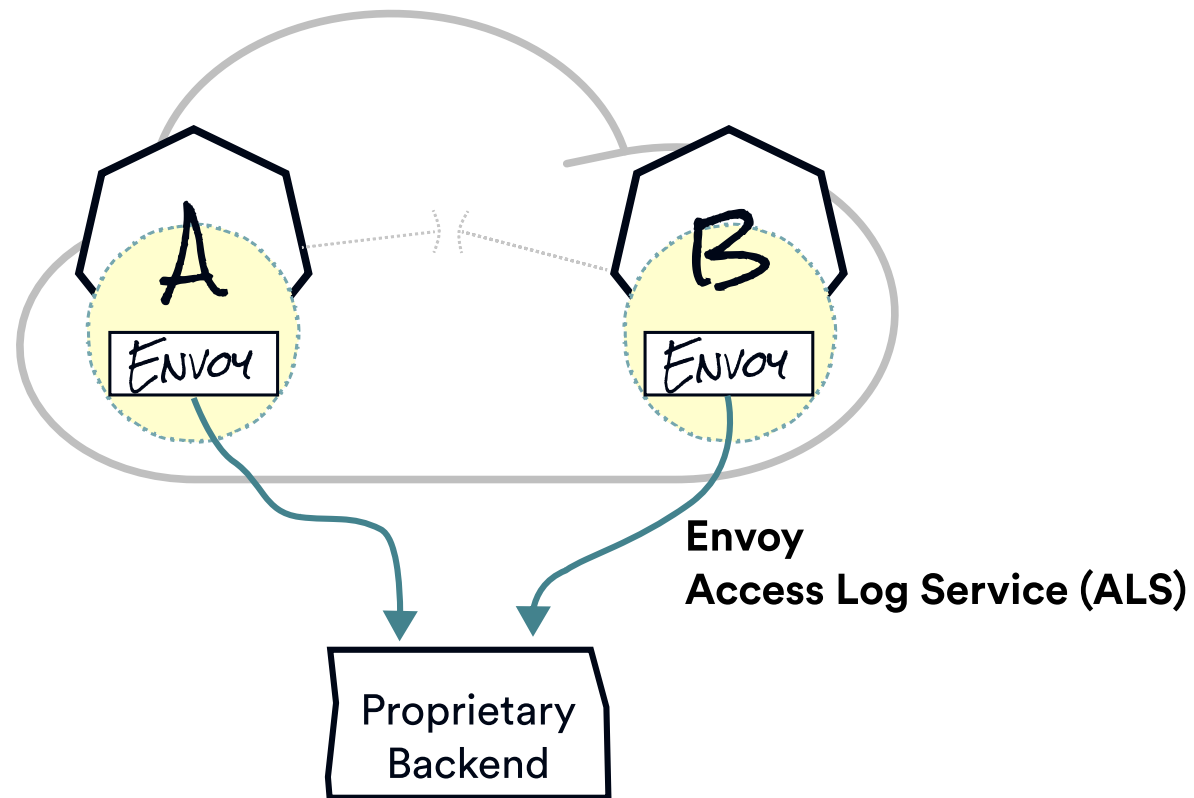
# Observability



Metrics to Prometheus



Traces to Zipkin



Whatever you want via the Access Log Service



# LAB

## Observability

<https://tetralabs.github.io/istio-0to60/dashboards/>





**Secure your environment**



# Identifying workloads

AUTHENTICATION (AUTHN)

---

- Authn - all about the principal
- Each workload is assigned a unique identity that it uses to communicate with other workloads
  - Kubernetes = Istio uses service accounts



# SPIFFE overview

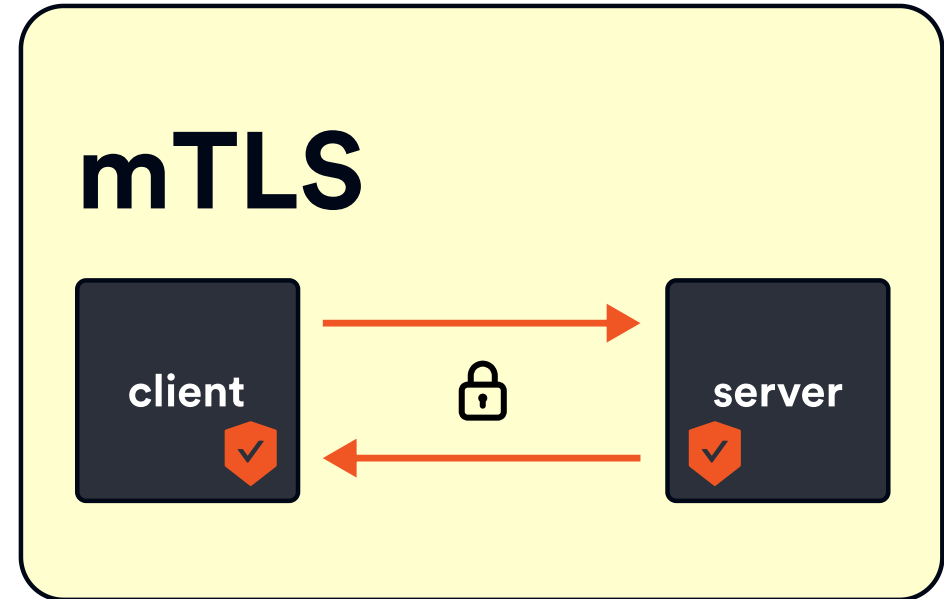
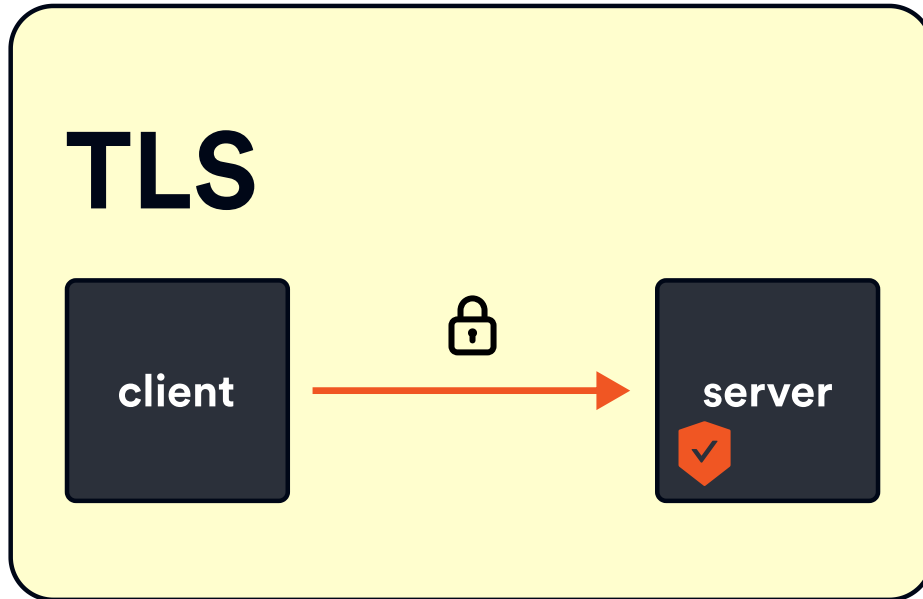
SECURE PRODUCTION IDENTITY FRAMEWORK FOR EVERYONE

---

- X.509 certificate (from SA) + SPIFFE spec = **IDENTITY**
- SPIFFE is a spec that describes:
  - A **naming scheme** for workload identities
  - `spiffe://cluster.local/ns/default/sa/my-sa`
  - How to **encode those names** into a X.509 certificate
  - How a client **Validates an X.509** certificate to authenticate the SPIFFE identity inside of it

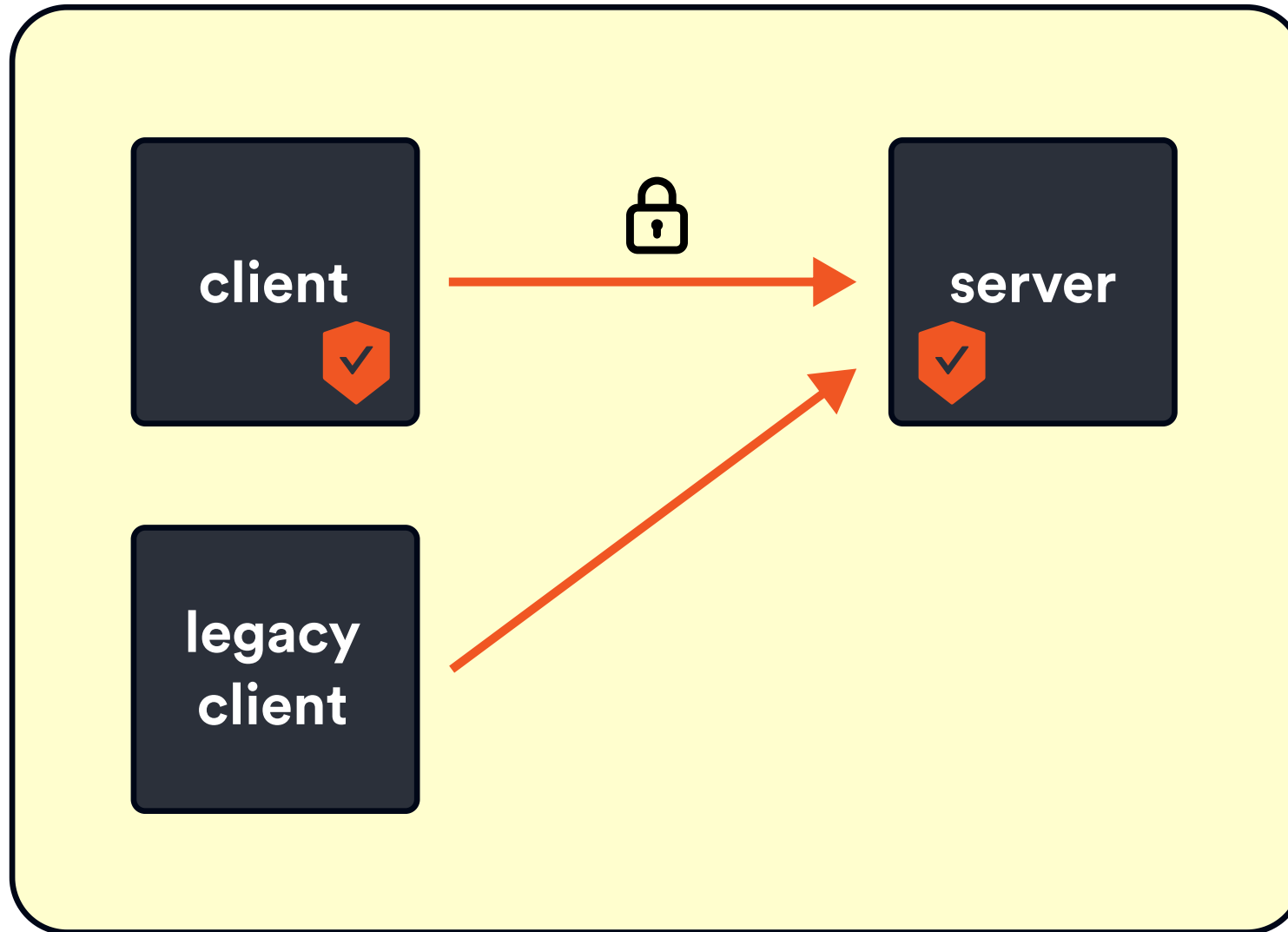


# Mutual TLS (mTLS)



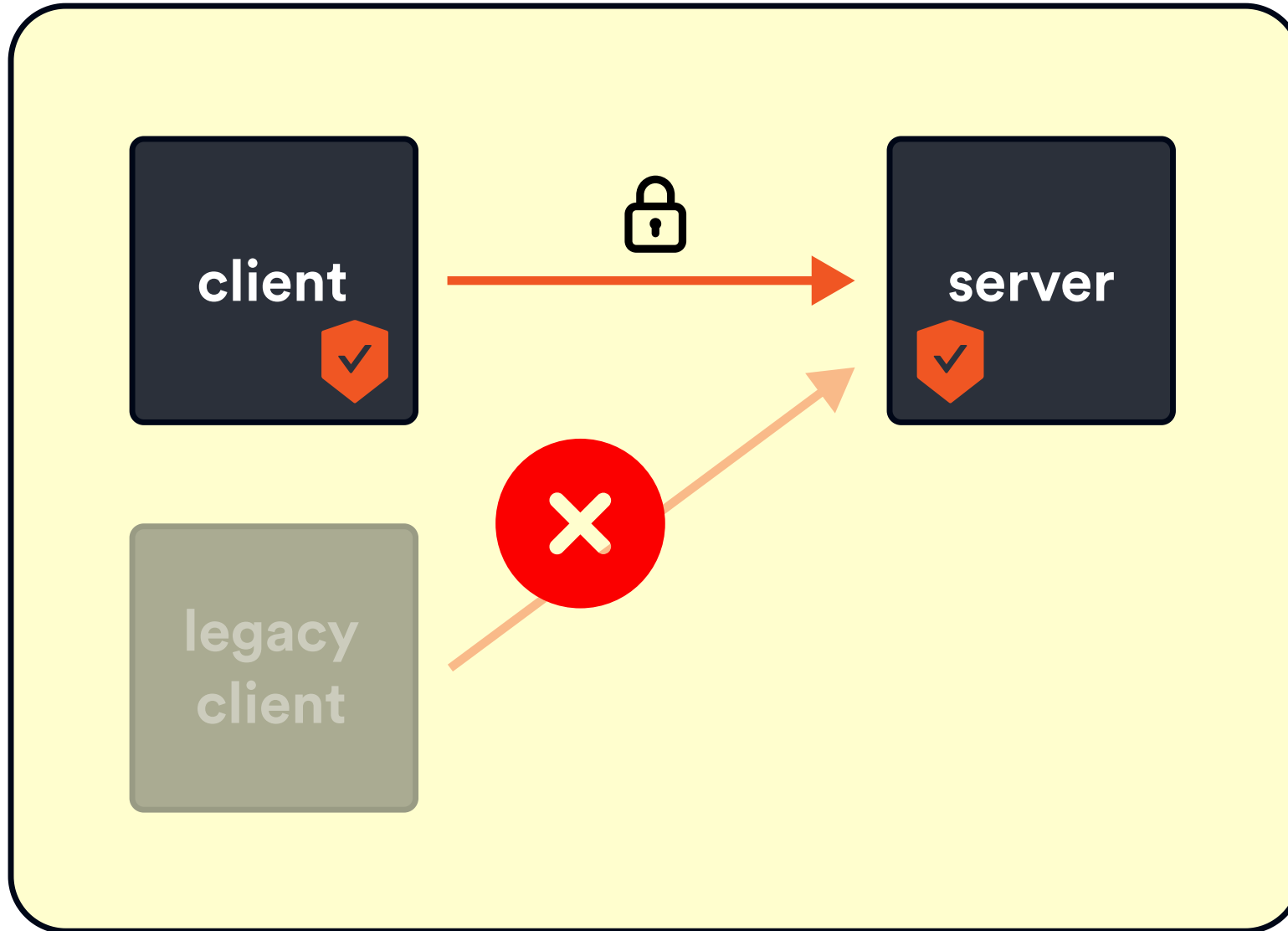


## Permissive





Strict





# Peer authentication

SERVICE-TO-SERVICE COMMUNICATION

---

- Controls communication between services
  - `PERMISSIVE` (default)
  - `STRICT`
- Mesh, namespace, workload, and port level



# Peer authentication

NAMESPACE LEVEL

---

```
apiVersion: security.istio.io/v1beta1
kind: PeerAuthentication
metadata:
  name: default
  namespace: foo
spec:
  mtls:
    mode: STRICT
```





# Peer authentication

WORKLOAD LEVEL

```
apiVersion: security.istio.io/v1beta1
kind: PeerAuthentication
metadata:
  name: default
  namespace: foo
spec:
  selector:
    matchLabels:
      app: prod
  mtls:
    mode: STRICT
```



# Peer authentication

PORT LEVEL

---

```
apiVersion: security.istio.io/v1beta1
kind: PeerAuthentication
metadata:
  name: default
  namespace: foo
spec:
  mtls:
    mode: STRICT
  portLevelMtls:
    5000:
      mode: DISABLE
```



**What about users?**



# Request authentication

USER AUTHENTICATION

---

- Uses JWT tokens
- Mesh/namespace/workload scope
- Also at ingress level:
  - forwardOriginalToken

```
apiVersion: security.istio.io/v1beta1
kind: RequestAuthentication
metadata:
  name: httpbin
  namespace: default
spec:
  selector:
    matchLabels:
      app: httpbin
  jwtRules:
    - issuer: "issuer-foo"
      jwksUri: "someuri"
```



# JWT authentication filter

- Authn enforced by the filter
- Doesn't deny requests without JWT tokens (*allowMissing*)
  - Used together with AuthorizationPolicy

```
name: envoy.filters.http.jwt_authn
typedConfig:
  providers:
    origins-0:
      issuer: testing@secure.istio.io
      localJwks:
        inlineString: '...'
      payloadInMetadata: testing@secure.istio.io
  rules:
    - match:
        prefix: "/"
      requires:
        requiresAny:
          requirements:
            - providerName: origins-0
            - allowMissing: {}
```



# JWT authentication filter

WHEN ARE THE REQUESTS APPROVED/DENIED

---

## DENIED

- Mismatching issuers
- Token expired
- Invalid audience (if provided)
- Invalid signature

## APPROVED

- Valid JWT
- No JWT
  - Use AuthorizationPolicy



# Authorization (authz)

CAN A PRINCIPAL PERFORM AN ACTION?

---

- Can user **A** send a **GET request** to path **/hello** on service **B**?
- Authn without authz (and vice-versa) is useless
- Control authenticated principals with **AuthorizationPolicy**



# Authorization policy

- Make use of identities extracted from:
  - **Peer**Authentication -> *principals*(service/peer)
  - **Request**Authentication -> *requestPrincipals*(users)





# Example

---

```
apiVersion: security.istio.io/v1beta1
kind: AuthorizationPolicy
metadata:
  name: require-jwt
  namespace: default
spec:
  selector:
    matchLabels:
      app: prod
  rules:
    - from:
      - source:
          requestPrincipals: ["*"]
```



# Authorization policy

RULES "FROM" FIELD

- source identities
- namespaces
- principals
- IP blocks and remote IP blocks

```
rules:  
- from:  
  - source:  
    principals: ["cluster.local/ns/default/sa/workload"]  
  - source:  
    namespaces: ["prod"]  
  - source:  
    requestPrincipals: ["tetrade.io/peterj"]
```



# Authorization policy

RULES "TO" FIELD

---

- hosts
- ports
- methods
- paths

```
rules:
- from:
  - ...
  to:
  - operation:
    methods: ["DELETE"]
    paths: ["/logs*"]
  - operation:
    methods: ["GET"]
    paths: ["/data"]
  - operation:
    hosts: ["request.host"]
    ports: ["3000", "5000"]
```



# Authorization policy

"WHEN" FIELD (CONDITIONS)

- Keys and values (or notValues)
- Request attributes:
  - `request.headers`
  - `source.ip`, `remote.ip`
  - `source.namespace` | `principal`,
  - ...

```
rules:
- from:
  to:
  when:
    - key: request.auth.claims[iss]
      values: ["https://accounts.google.com"]
    - key: request.headers[my-header]
      values: ["some-value"]
    - key: source.namespace
      value: ["foo"]
  ...
```



# Authorization policy

"ACTION" FIELD

- CUSTOM
- DENY
- ALLOW
- AUDIT

```
spec:  
  action: DENY  
  rules:  
    - from:  
      to:  
      when:  
      ...
```



# Recap

- Services → PeerAuthentication
- Users → RequestAuthentication
- Access control rules → AuthorizationPolicy
  - From, To, When



# LAB

## Security

<https://tetratelabs.github.io/istio-0to60/security/>



# Istio Traffic Management

CUSTOM RESOURCES (1/2)

- **Virtual service**
  - Configure routing rules for each service
- **Destination rule**
  - Configure how to reach the target endpoint, applied after routing decision has been made





**How to route the request?**



K8S SERVICE

serviceA.example.cluster.local  
app: svcA

K8S SERVICE

serviceB.example.cluster.local  
app: svcB

K8S DEPLOYMENT

serviceA  
app: svcA

Pod

app: svcA

svcA

Envoy

K8S DEPLOYMENT

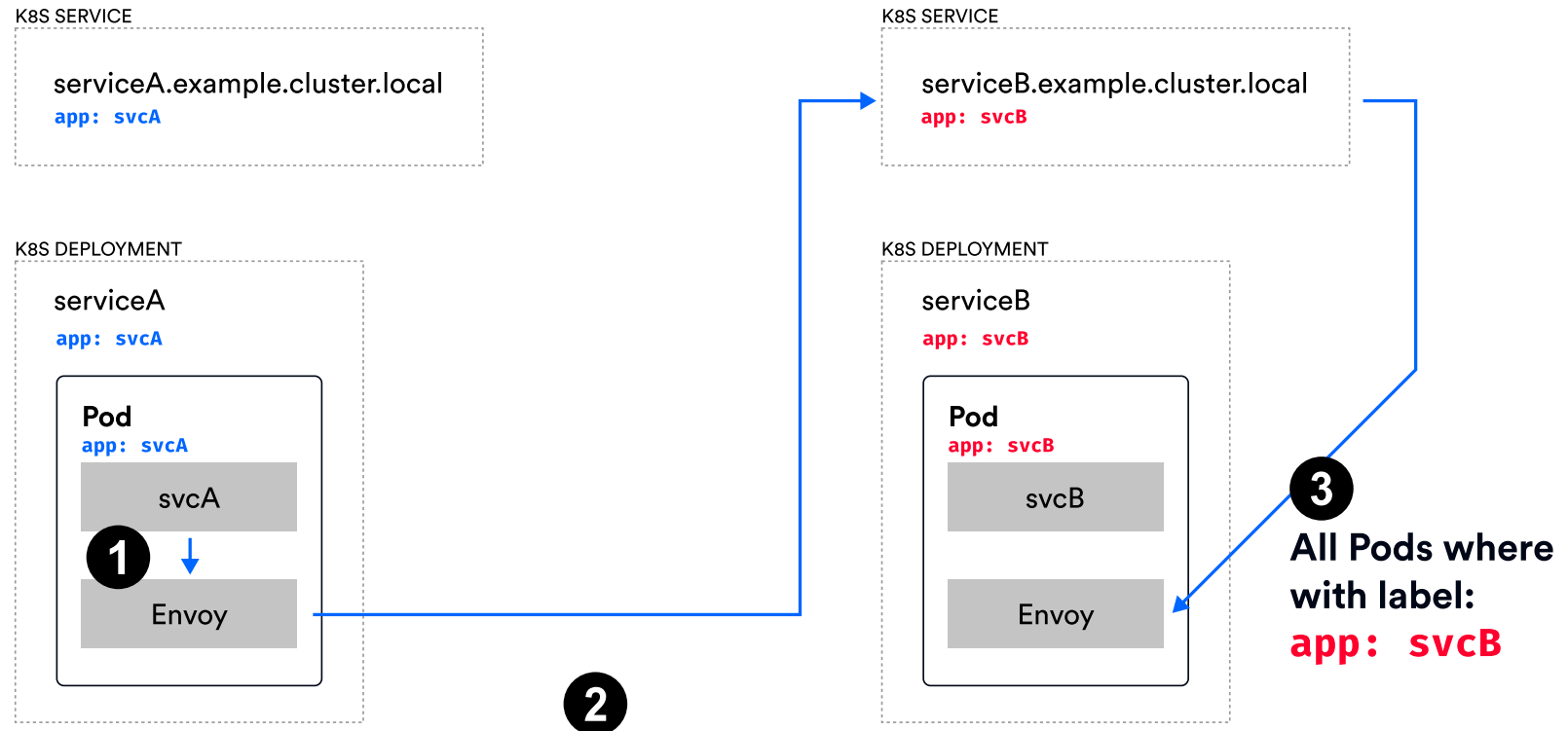
serviceB  
app: svcB

Pod

app: svcB

svcB

Envoy



<http://serviceb.example.cluster.local>



#### K8S SERVICE

serviceA.example.cluster.local  
app: svcA

#### K8S SERVICE

serviceB.example.cluster.local  
app: svcB

#### K8S DEPLOYMENT

serviceA  
app: svcA

##### Pod

app: svcA

svcA

Envoy

#### K8S DEPLOYMENT

serviceB-v1  
app: svcB  
version: v1

##### Pod

app: svcB  
version: v1

svcB

Envoy

#### K8S DEPLOYMENT

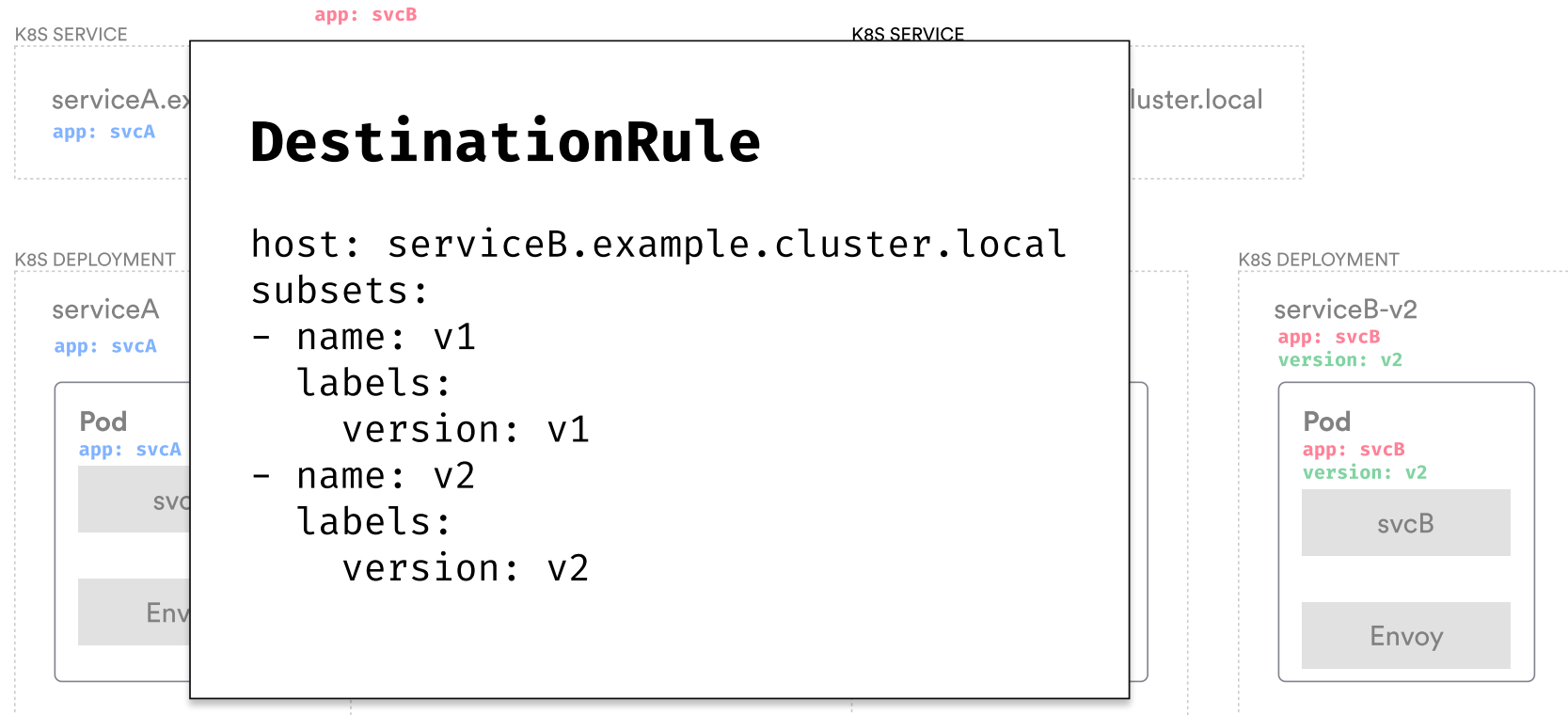
serviceB-v2  
app: svcB  
version: v2

##### Pod

app: svcB  
version: v2

svcB

Envoy





K8S SERVICE

app: svcB

## VirtualService

```
hosts:
- serviceB.example.cluster.local
http:
- route:
  - destination:
      host: serviceB.example ...
      subset: v1
    weight: 70
  - destination:
      host: serviceB.example ...
      subset: v2
    weight: 30
```

K8S SERVICE

## DestinationRule

```
host: serviceB.example.cluster.local
subsets:
- name: v1
  labels:
    version: v1
- name: v2
  labels:
    version: v2
```



## DestinationRule & virtualService



70% to subset v1  
30% to subset v2

### K8S SERVICE

serviceA.example.cluster.local  
app: svcA

### K8S SERVICE

serviceB.example.cluster.local  
app: svcB

### K8S DEPLOYMENT

serviceA  
app: svcA

#### Pod

app: svcA

svcA

Envoy

### K8S DEPLOYMENT

serviceB-v1  
app: svcB  
version: v1

#### Pod

app: svcB  
version: v1

svcB

Envoy

### K8S DEPLOYMENT

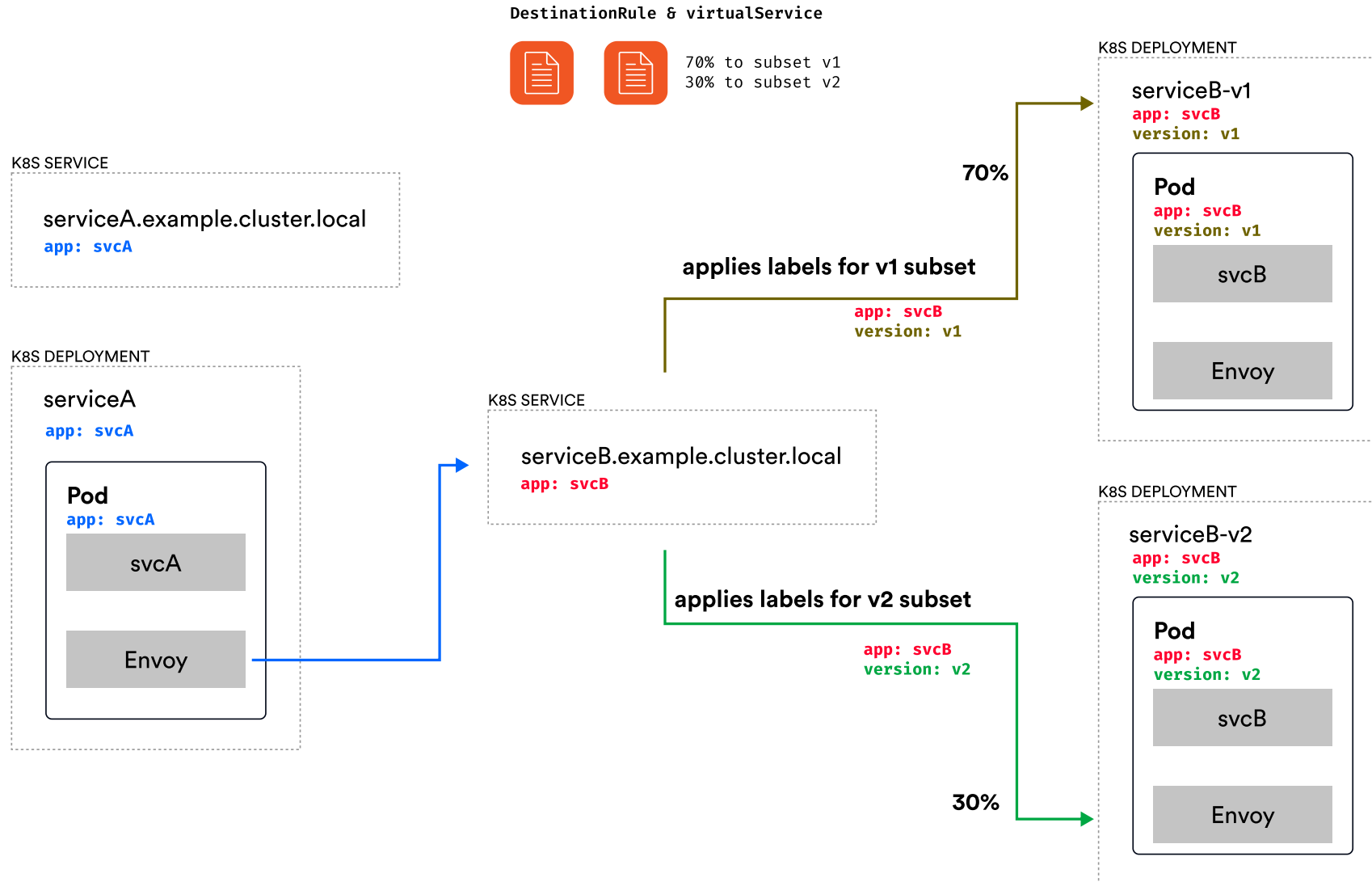
serviceB-v2  
app: svcB  
version: v2

#### Pod

app: svcB  
version: v2

svcB

Envoy







# DestinationRule

POLICIES APPLIED TO TRAFFIC FOR A SPECIFIC SERVICE

- Subsets = represent different service versions
- Traffic policies:
  - Load balancer settings (ROUND\_ROBIN, LEAST\_CONN, RANDOM, PASSTHROUGH)
  - Connection pool settings (TCP and HTTP)
  - Outlier detection
  - TLS



# Connection pool settings

CONTROL THE VOLUME OF CONNECTIONS

---

- Applied to TCP and/or HTTP connections
- Timeouts
- Max connections/requests
- Max retries



# Outlier detection

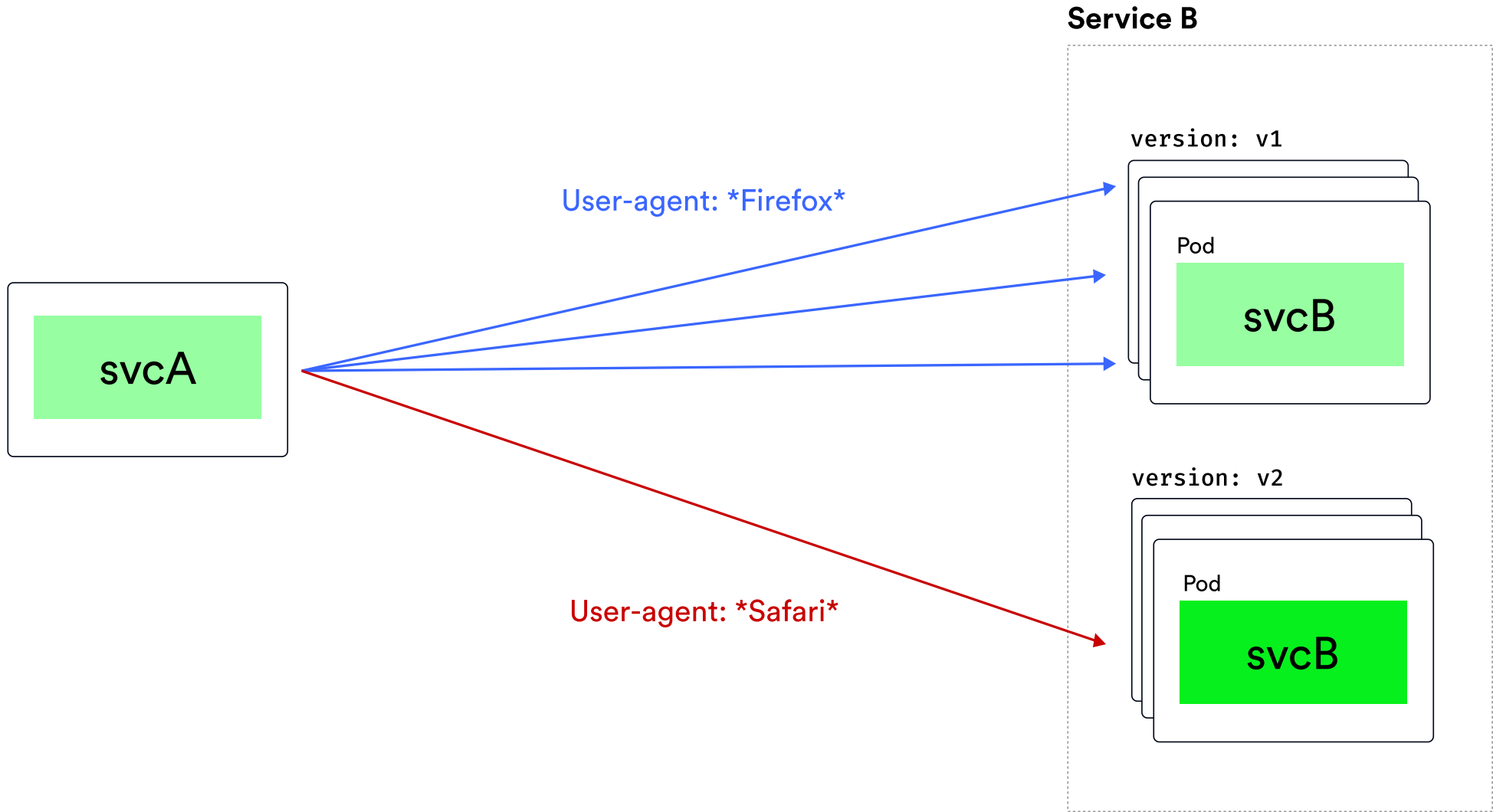
HOW TO EJECT UNHEALTHY HOSTS

- When to eject unhealthy hosts?
  - e.g. `consecutive5xxErrors`, `consecutiveGatewayErrors`
- How long to eject them for?
  - `baseEjectionTime`
- How many hosts can be ejected?
  - `maxEjectionPercent`
- When to enable ejection?
  - `minHealthyPercent`



# VirtualService

- Routing rules (TCP, HTTP, non-terminated TLS/HTTPS traffic)
  - Match & route
  - Redirect
  - Rewrite
  - Mirroring
  - Cors, Timeouts, retries, and fault injection
- Header manipulation





# Match on headers

```
hosts:
- svcB.example.cluster.local
http:
- match:
  - headers:
    user-agent:
      regex: ".*Firefox.*"
  route:
  - destination:
    host: svcB.example.cluster.local
    subset: v1
- route:
  - destination:
    host: svcB.example.cluster.local
    subset: v2
```



# AND semantics

```
hosts:
- svcB.example.cluster.local
http:
- match:
  - headers:
    x-debug:
      exact: dev
    uri:
      prefix: /api/debug
  route:
  - destination:
    host: svcB.example.cluster.local
    subset: v1
  - route:
    - destination:
      host: svcB.example.cluster.local
      subset: v2
```



# OR semantics

```
hosts:
- svcB.example.cluster.local
http:
- match:
  - headers:
    x-debug:
      exact: dev
  - uri:
    prefix: /api/debug
route:
- destination:
  host: svcB.example.cluster.local
  subset: v1
- route:
  destination:
    host: svcB.example.cluster.local
    subset: v2
```





# Timeout, retries

```
hosts:
- svcB.example.cluster.local
http:
- route:
  - destination:
    host: svcB.example.cluster.local
    subset: v1
    weight: 30
    timeout: 5s
  - destination:
    host: svcB.example.cluster.local
    subset: v2
    weight: 70
    timeout: 0.5s
retries:
  attempts: 3
  perTryTimeout: 2s
  retryOn: connect-failure
```



# LAB

## Traffic shifting

<https://tetratelabs.github.io/istio-0to60/traffic-shifting/>