

Running Istio at Scale for a Secure and Compliant Cloud

Lucas Copi
Rafael Polanco



#IstioCon

Introduction



Lucas Copi

Technical and Development
Lead for Ingress on IBM
Cloud



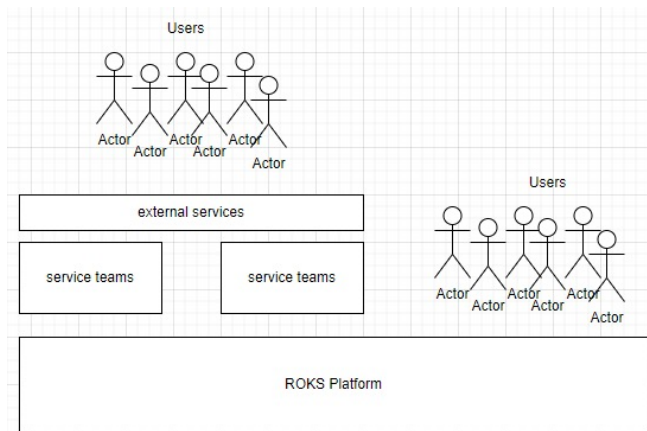
Rafael Polanco

Software Engineer on IBM
Cloud Kubernetes Service



So... IBM Cloud, what's that?

- Offer a lot of different services^[1], but the core is a Kubernetes and Openshift offering
- General Scale Numbers
 - Average 250rps per serving cluster – 10 Geos worldwide
 - High peak loads and very high burst rates
 - Mix of small and large volume payloads
- Translates to ~150-200 cluster create events per day



[1] <https://www.ibm.com/cloud/products>

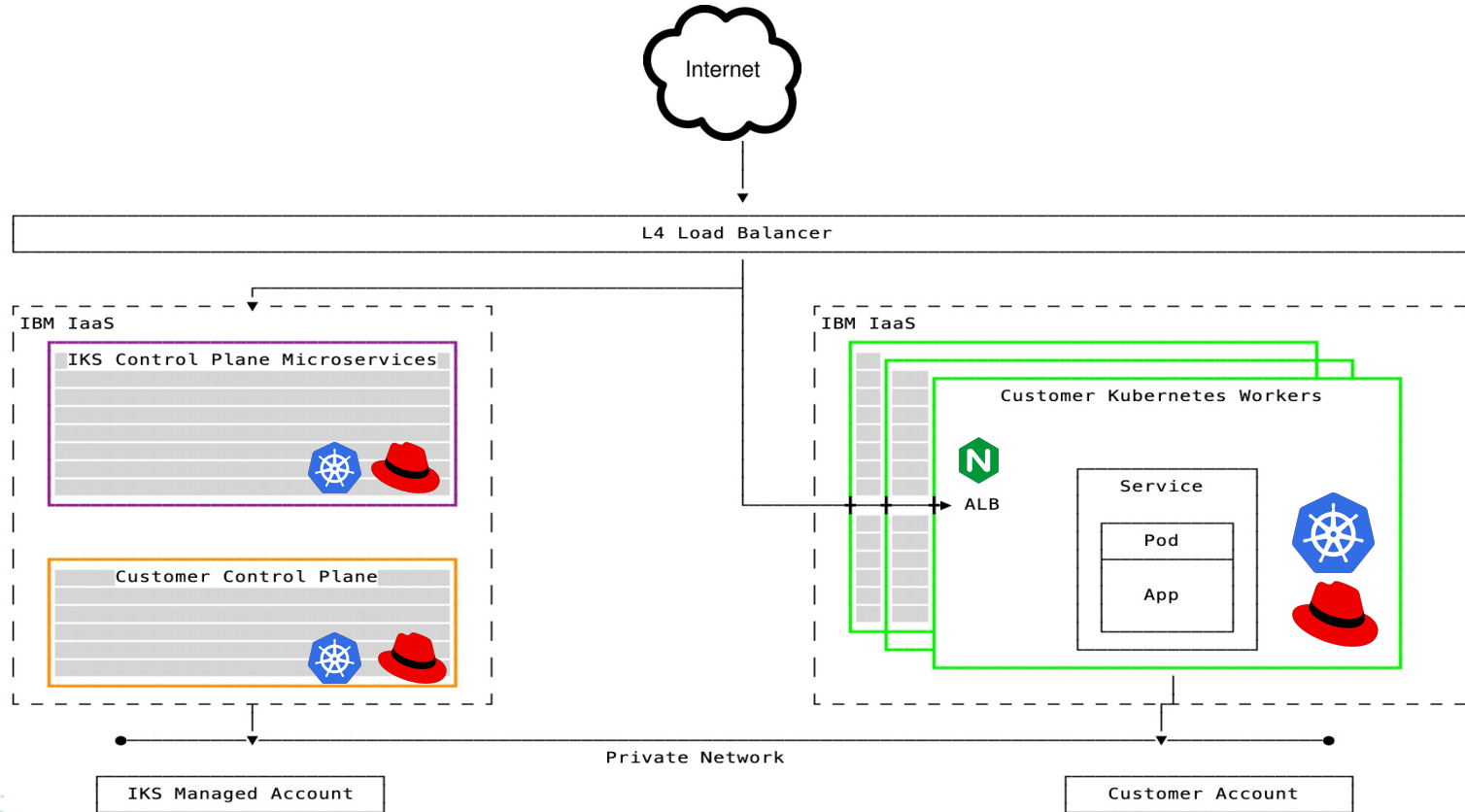


And Istio too

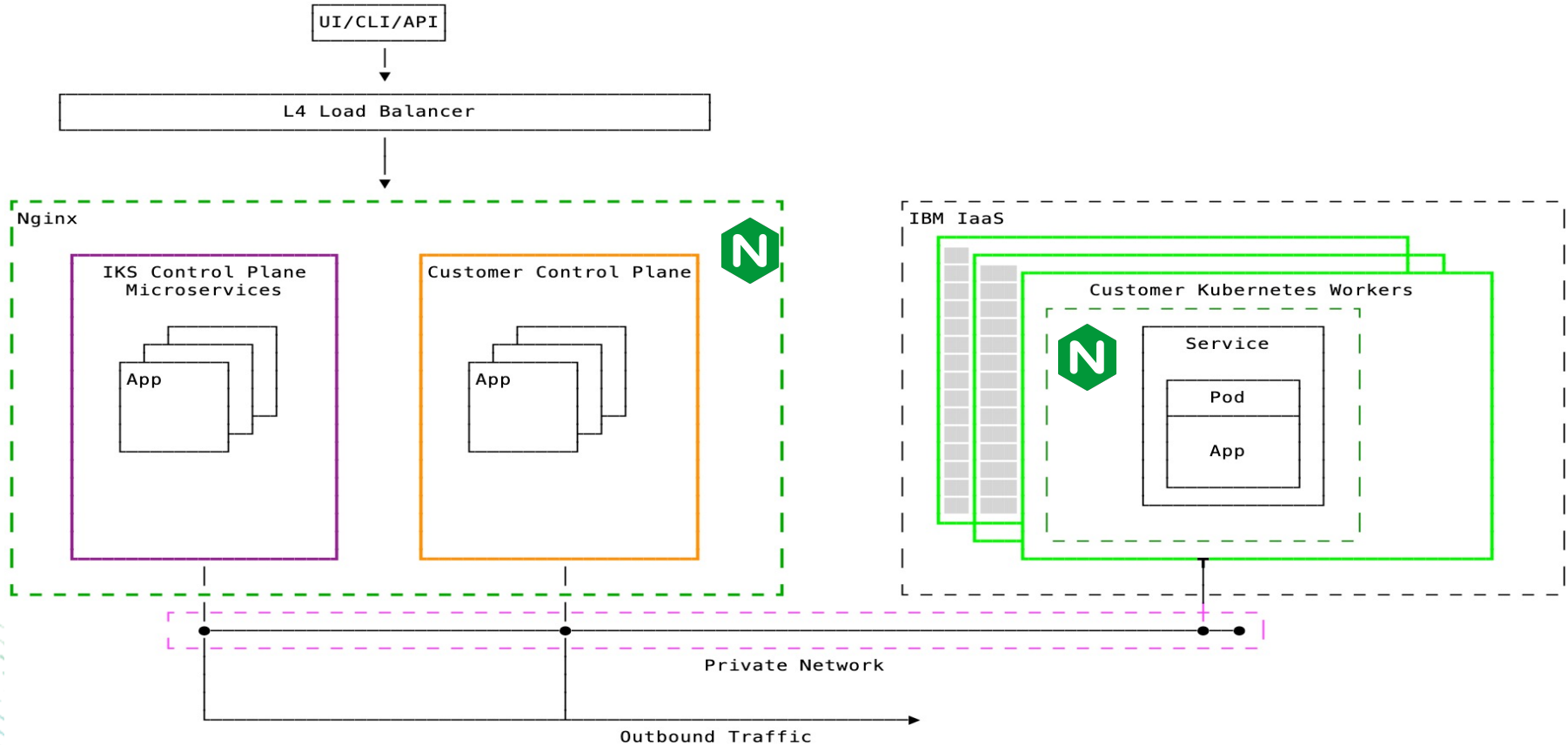
- Why do we need Istio? Great question
- Started focusing on financial services enablement – 18mo ago^[1]
 - 500+ security and compliance controls
 - Based on NIST 800-53
 - Meets regulatory standards from over 75 institutions and 24 different countries
- Achieve highest level of security compliance from CISO
- Enhance and exceed our Service Level Objectives (SLOs)



IBM Cloud Kubernetes Service (IKS) System Architecture



Managed Ingress Architecture (Prior to Istio)



How Istio Helps Us

- Fine Grained Traffic Controls and Policy Enforcement
 - Helps us enforce security and regulatory controls across our service and development teams
 - E.g. Ingress/Egress network policies, strict mTLS
- Security and Authentication
 - Automatic TLS and strict mTLS connections out of the box
 - Secure Control of Egress Traffic – all outbound traffic must be known and documented for compliance requirements
- Observability and Resiliency
 - Out of the box network retries, failover and circuit breaking
 - Detailed telemetry instrumentation helps us better understand how our services are being used which will enable us to better meet our SLOs and make improvements

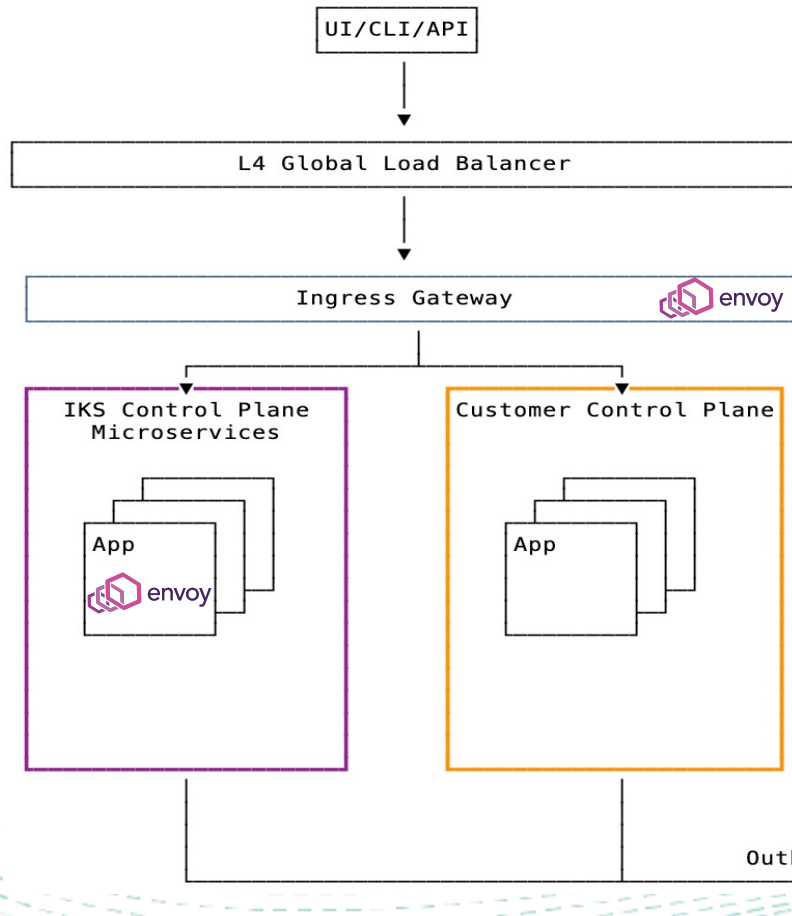


Initial Rollout

- Started experimenting beginning with Istio 1.4
- Tolerated both mTLS and plaintext traffic
- Went live to production with Istio 1.8.x
- Manual Canary deployments



Managed Ingress Architecture (after Istio adoption)



Egress Gateway



Current Istio Pipeline

- Use opensource tool Razee
<https://razee.io/>
- Template out deployment files
- Deployment pipeline merges templated files with configuration from the environment to deploy the full set of istio resources from a single set of yamls
- Combination of Jenkins for operational procedures and razee for auto-deployments
- Can roll out globally in less than half a day vs a week

```
apiVersion: networking.istio.io/v1alpha3
kind: Gateway
metadata:
  name: egress-etcd
  namespace:
  labels:
    addonmanager.kubernetes.io/mode: Reconcile
  annotations:
    version: (( grab $TRAVIS_COMMIT || "dev" ))
    razee.io/source-url: (( grab $REPO_SOURCE_URL ))
    razee.io/build-url: (( grab $BUILD_URL ))
spec:
  selector:
    istio: egressgateway
  servers:
    - port:
        number: "80"
        name: http
        protocol: HTTP
      hosts:
        - "etcd-{{ etcd-configmap.ETCD_CLUSTER_NUMBER }}-1-{{ info-configmap.REGION_NAME }}-{{ info-configmap.ARMADA_INGRESS_CLUSTER_NUMBER }}"
        - "etcd-{{ etcd-configmap.ETCD_CLUSTER_NUMBER }}-2-{{ info-configmap.REGION_NAME }}-{{ info-configmap.ARMADA_INGRESS_CLUSTER_NUMBER }}"
        - "etcd-{{ etcd-configmap.ETCD_CLUSTER_NUMBER }}-3-{{ info-configmap.REGION_NAME }}-{{ info-configmap.ARMADA_INGRESS_CLUSTER_NUMBER }}"
      tls:
        mode: PASSTHROUGH

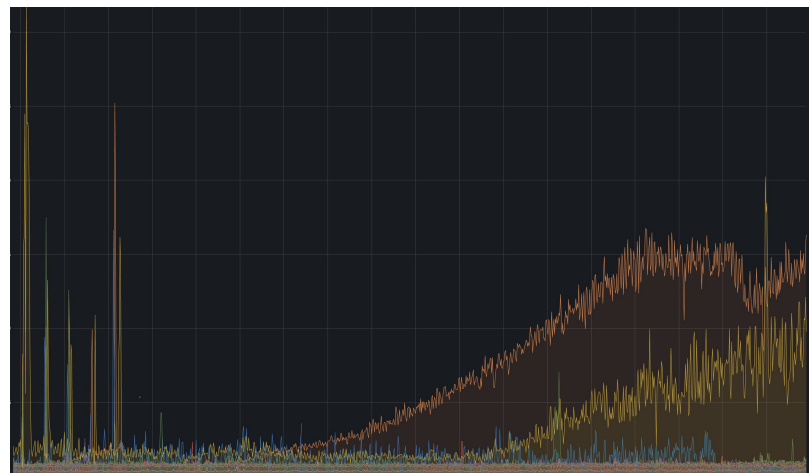
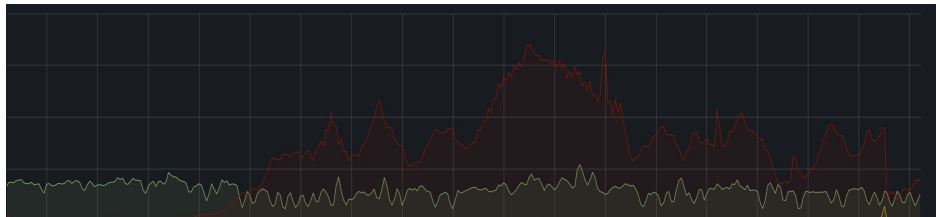
apiVersion: networking.istio.io/v1alpha3
kind: VirtualService
metadata:
  name: etcd
  namespace:
  labels:
    addonmanager.kubernetes.io/mode: Reconcile
  annotations:
    version: (( grab $TRAVIS_COMMIT || "dev" ))
    razee.io/source-url: (( grab $REPO_SOURCE_URL ))
    razee.io/build-url: (( grab $BUILD_URL ))
spec:
  hosts:
    - "etcd-{{ etcd-configmap.ETCD_CLUSTER_NUMBER }}-1-{{ info-configmap.REGION_NAME }}-{{ info-configmap.ARMADA_INGRESS_CLUSTER_NUMBER }}"
    - "etcd-{{ etcd-configmap.ETCD_CLUSTER_NUMBER }}-2-{{ info-configmap.REGION_NAME }}-{{ info-configmap.ARMADA_INGRESS_CLUSTER_NUMBER }}"
    - "etcd-{{ etcd-configmap.ETCD_CLUSTER_NUMBER }}-3-{{ info-configmap.REGION_NAME }}-{{ info-configmap.ARMADA_INGRESS_CLUSTER_NUMBER }}"
```



“I either win or I learn” – Nelson Mandela

...Lessons Learned

- Scale is hard
- Mestastable failures
 - <https://sigops.org/s/conferences/hotos/2021/papers/hotos21-s11-bronson.pdf>
 - Distributed system outages that occur when there are no hardware failures, configuration errors, or software bugs
 - Increase load causes a trigger event but the failures persist even after the trigger is removed
- High burst adds latency combined with increased errors, errors cascade, system goes down



Summer School

- Thundering herd issue with restarts

	Requests / sec	Number of 503 RC errors	Number of 500 RC errors
test 1 (see note below)	955	2213	0
test 2a	920	74	202
test 2b	893	142	0
test 3a	921	0	0
test 3b (increase load/churn)	943	0	0

#IstioCon

HA Microservice Guidelines:

Pod Priority and Preemption

- Most important pods get scheduling priority

Configure Liveness, Readiness and Startup Probes

- `initialDelaySeconds`, `periodSeconds`, `timeoutSeconds` and `failureThreshold` are configured

Managing Resources for Containers

- Realistic compute constraints built from existing workload. `kubectl top pods -A --containers=true`

Deployment Rollout Strategy

- use a `RollingUpdate` rollout strategy with `maxUnavailable` set to 1 and `maxSurge` set to 0.

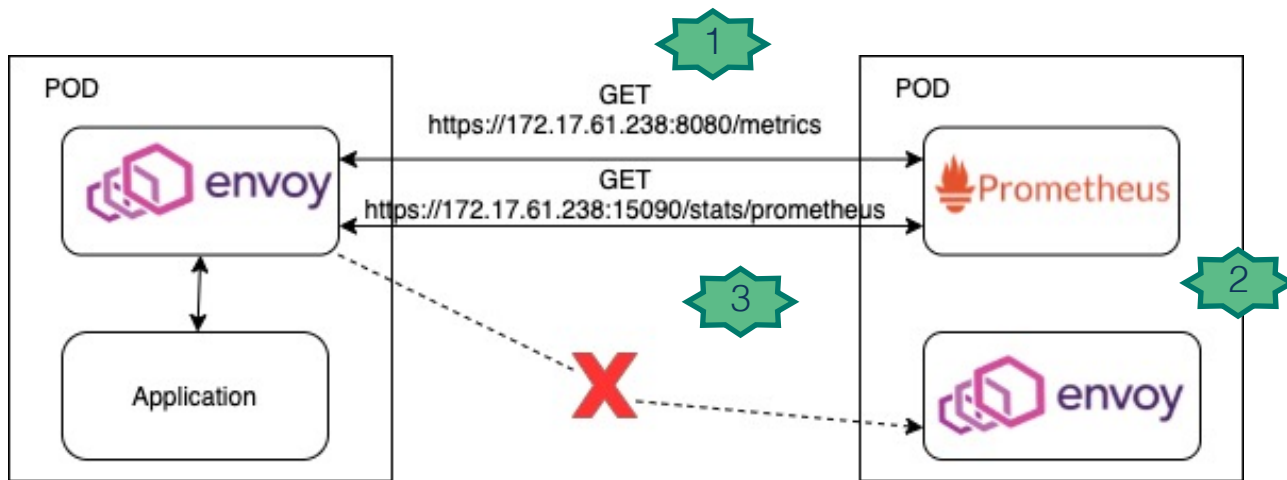


Unexpected Outcomes

- Egress traffic blows away ingress traffic 10x
 - Dedicated egress gateways for high volume traffic
 - Spread sni proxies across zones w/ dedicated nodes
- Hyper latency sensitive operations to DB bypass istio (additional milliseconds of latency due to strict mtls and request hijacking) was too much for the system



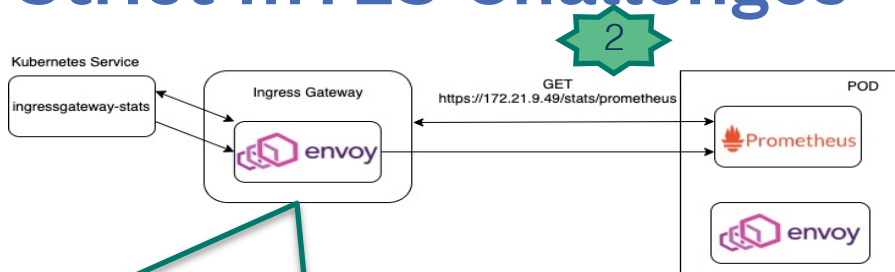
Strict mTLS Challenges – Prometheus



1. Prometheus will scrape both Istio and application metric endpoints via new [jobs](#)
2. Prometheus will leverage Istio certificates generated by Envoy container
3. The sidecar (Envoy) should NOT intercept traffic for Prometheus since it needs direct endpoint access



Strict mTLS Challenges– Prometheus (Cont.)



```
- match:
  - uri:
      exact: /stats/prometheus
    route:
  - destination:
      host: istio-ingressgateway-stats.istio-system.svc.cluster.local
      port:
        number: 15090
```

1. Prometheus [job](#) to scrape ingress gateway services
2. Prometheus will scrape ingress gateway metric endpoint via the Istio Gateway
3. The Istio gateway will route the request to the ingress gateway pods

#IstioCon

```
# Scrape Istio gateway stats
- job_name: 'istio-ingressgateway-service'
  metrics_path: /stats/prometheus
  scheme: https
  tls_config:
    ca_file: /var/run/secrets/kubernetes.io/serviceaccount/ca.crt
    insecure_skip_verify: true
  kubernetes_sd_configs:
    - role: service
  relabel_configs:
    - source_labels: [__meta_kubernetes_service_port_name]
      action: keep
      regex: 'https'
    - source_labels: [__meta_kubernetes_service_name]
      action: keep
      regex: 'istio-ingressgateway-dal.*'
    - source_labels: [__meta_kubernetes_namespace]
      action: replace
      target_label: kubernetes_namespace
    - source_labels: [__meta_kubernetes_service_name]
      action: replace
      target_label: service_name
    - source_labels: [__meta_kubernetes_service_type]
      action: replace
      target_label: service_type
    - action: labelmap
      regex: __meta_kubernetes_service_label_(.+)
```



Strict mTLS Challenges – Istio Sidecar

- Incoming telemetry traffic to the application needs to be redirected to Envoy in order for Prometheus to successfully scrape the metric endpoints via mTLS
- Failing to do so will result in the application throwing errors such as: “*read: connection reset by peer*” and “*http: server gave HTTP response to HTTPS client*”
- The Istio sidecar resource annotation traffic.sidecar.istio.io/includeInboundPorts is used and required by all of our control plane microservices to enable inbound ports to redirect traffic to Envoy and allow Prometheus to scrape the metrics endpoint successfully

```
items:
- apiVersion: apps/v1
  kind: Deployment
  metadata:
    name: alb-api
    namespace: razeedev
    annotations:
      version: (( grab $TRAVIS_COMMIT || "dev" ))
      razeedev.io/source-url: (( grab $REPO_SOURCE_URL ))
      razeedev.io/build-url: (( grab $TRAVIS_BUILD_URL ))
    labels:
      razeedev/restart-on-config-change: "true"
      edge: "true"
  spec:
    replicas: "#int {{ armada.armada-replicas-configmap.FIVE }}"
    selector:
      matchLabels:
        app: alb-api
    strategy:
      type: RollingUpdate
      rollingUpdate:
        maxUnavailable: 1
        maxSurge: 0
    minReadySeconds: 10
    revisionHistoryLimit: 0
    template:
      metadata:
        labels:
          app: alb-api
          edge: "true"
        annotations:
          version: (( grab $TRAVIS_COMMIT || "dev" ))
          razeedev.io/source-url: (( grab $REPO_SOURCE_URL ))
          razeedev.io/build-url: (( grab $TRAVIS_BUILD_URL ))
          prometheus.io/scrape: 'true'
          prometheus.io/path: /metrics
          prometheus.io/port: '6969'
          traffic.sidecar.istio.io/includeInboundPorts: "15090,6969"
```



Getting it (mTLS) to Work – Istio Sidecar (Cont.)

iptables rules for pod w/o
traffic.sidecar.istio.io/includeIn
boundPorts annotation

```
iptables -t nat -L
Chain PREROUTING (policy ACCEPT)
target    prot opt source                destination
ISTIO_INBOUND tcp -- anywhere            anywhere

Chain INPUT (policy ACCEPT)
target    prot opt source                destination

Chain OUTPUT (policy ACCEPT)
target    prot opt source                destination
ISTIO_OUTPUT tcp -- anywhere            anywhere

Chain POSTROUTING (policy ACCEPT)
target    prot opt source                destination

Chain ISTIO_INBOUND (1 references)
target    prot opt source                destination
RETURN    tcp -- anywhere            anywhere            tcp dpt:15008
RETURN    tcp -- anywhere            anywhere            tcp dpt:ssh
RETURN    tcp -- anywhere            anywhere            tcp dpt:15090
RETURN    tcp -- anywhere            anywhere            tcp dpt:15021
RETURN    tcp -- anywhere            anywhere            tcp dpt:15020
ISTIO_IN_REDIRECT tcp -- anywhere            anywhere

Chain ISTIO_IN_REDIRECT (3 references)
target    prot opt source                destination
REDIRECT  tcp -- anywhere            anywhere            redir ports 15006

Chain ISTIO_OUTPUT (1 references)
target    prot opt source                destination
RETURN    all -- 127.0.0.6          anywhere
ISTIO_IN_REDIRECT all -- anywhere            !localhost            owner UID match 1337
RETURN    all -- anywhere            anywhere            ! owner UID match 1337
RETURN    all -- anywhere            anywhere            owner UID match 1337
ISTIO_IN_REDIRECT all -- anywhere            !localhost            owner GID match 1337
RETURN    all -- anywhere            anywhere            ! owner GID match 1337
RETURN    all -- anywhere            anywhere            owner GID match 1337
RETURN    all -- anywhere            localhost
ISTIO_REDIRECT all -- anywhere            anywhere

Chain ISTIO_REDIRECT (1 references)
target    prot opt source                destination
REDIRECT  tcp -- anywhere            anywhere            redir ports 15001
```

iptables rules for pod **with**
traffic.sidecar.istio.io/include
InboundPorts="15090, 6969"

```
iptables -t nat -L
Chain PREROUTING (policy ACCEPT)
target    prot opt source                destination
ISTIO_INBOUND tcp -- anywhere            anywhere

Chain INPUT (policy ACCEPT)
target    prot opt source                destination

Chain OUTPUT (policy ACCEPT)
target    prot opt source                destination
ISTIO_OUTPUT tcp -- anywhere            anywhere

Chain POSTROUTING (policy ACCEPT)
target    prot opt source                destination

Chain ISTIO_INBOUND (1 references)
target    prot opt source                destination
RETURN    tcp -- anywhere            anywhere            tcp dpt:15008
ISTIO_IN_REDIRECT tcp -- anywhere            anywhere            tcp dpt:15020
ISTIO_IN_REDIRECT tcp -- anywhere            anywhere            tcp dpt:15090
ISTIO_IN_REDIRECT tcp -- anywhere            anywhere            tcp dpt:6969

Chain ISTIO_IN_REDIRECT (5 references)
target    prot opt source                destination
REDIRECT  tcp -- anywhere            anywhere            redir ports 15006

Chain ISTIO_OUTPUT (1 references)
target    prot opt source                destination
RETURN    all -- 127.0.0.6          anywhere
ISTIO_IN_REDIRECT all -- anywhere            !localhost            owner UID match 1337
RETURN    all -- anywhere            anywhere            ! owner UID match 1337
RETURN    all -- anywhere            anywhere            owner UID match 1337
ISTIO_IN_REDIRECT all -- anywhere            !localhost            owner GID match 1337
RETURN    all -- anywhere            anywhere            ! owner GID match 1337
RETURN    all -- anywhere            anywhere            owner GID match 1337
RETURN    all -- anywhere            localhost
ISTIO_REDIRECT all -- anywhere            anywhere

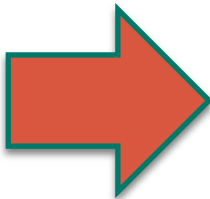
Chain ISTIO_REDIRECT (1 references)
target    prot opt source                destination
REDIRECT  tcp -- anywhere            anywhere            redir ports 15001
```



Challenges – Sidecar and Jobs Don't Play Well

- Our Kubernetes jobs were running into a race condition with the Envoy sidecar

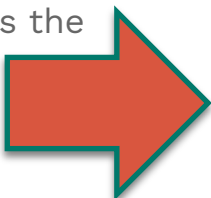
```
Failed to refresh alert rules config map, with error: Failed to check  
existing configmap : s-alert-rules, with error: Get  
"https://172.19.0.1:443/api/v1/namespaces/monitoring/configmaps/  
ops-alert-rules": dial tcp 172.19.0.1:443: connect: connection refused
```



[holdApplicationUntilProxyStarts](#)
is a hook which delays application
startup until the proxy pod is ready
to accept traffic

```
annotations:  
  proxy.istio.io/config: '{ "holdApplicationUntilProxyStarts": true }'
```

- These jobs will keep running as long as the sidecar is running



```
- command:  
  - /bin/sh  
  - -c  
  - |  
    until curl -fsI http://localhost:15021/healthz/ready; do echo \"Waiting for Istio Proxy Sidecar...\"; sleep 3; done;  
    echo \"Istio Proxy Sidecar available. Running the alert configuration job...\";  
    /alert-conf;  
    x=$(echo $?); curl -fsI -X POST http://localhost:15020/quitquitquit && exit $x
```



What's Next

- Leverage distributed tracing
- Implement Rate Limiting
- A/B Testing for API Gateway
- Move away from the Istio operator to a Razee managed deployment
- Optimize for performance



Thank you!

Lucas Copi 🖱️ <https://www.linkedin.com/in/lucas-copi/>

Rafael Polanco 🖱️ www.linkedin.com/in/rafaelpolanco

IBM **Cloud** 🖱️ <https://cloud.ibm.com/docs/containers?topic=containers-istio-about>

#IstioCon

